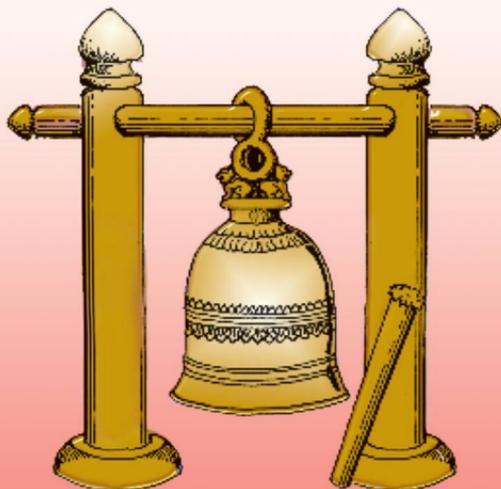


ဓမ္မကျောင်းတော်

Dhamma School

အခြေခံဗုဒ္ဓဘာသာယဉ်ကျေးမှုသင်ခန်းစာ အပိုင်း (၃)



ပထမအကြိမ်

အရှင်ခေမာနန္ဒ(ရန်ကင်းတောရ-သပြေပင်)မှ စုစည်းပြုစုပါသည်။

“ ဗုဒ္ဓဂုဏ်တော် ”

မိမိကိုယ်ကို ကောင်းအောင်ပြင်၊
 စာရိတ္တရဲ့ အစပင်။
 ရှောင်ကြဉ်ပါကွယ် မကောင်းမှု၊
 အရှက် အကြောက် လုံအောင်ပြု။
 ယဉ်ကျေးမှုကို မြတ်နိုးပါ။
 မြန်မာ့ရိုးရာ အစဉ်အလာ။
 ဘာသာတရား မမေ့ငြား၊
 ဗုဒ္ဓဂုဏ်တော် ရွတ်ဆိုပွား၊
 ဘေးအန္တရာယ် ကင်းစေသား။



မင်းနီခိုင်(မောင်တော)

“ တို့တာဝန် ”



အိမ်ကျောင်းသန့်ရှင်း၊ ရောဂါကင်း
 စုပေါင်းအမှုက်ရှင်း။
 မပျင်းမရိ တာဝန်ကျေ၊
 နေ့စဉ်ဆောင်ရွက်ပေ။
 ရေမြောင်းတွေ၊ ဖော်ကာထုတ်၊
 စိုက်ပျိုးရေးလည်းလုပ်။
 အလုပ်လုပ်ရင်း စာကိုသင်၊
 ကျန်းမာပျော်ပျော်ရွှင်။
 ဝန်းကျင်ရပ်ရွာ သာယာဖို့၊
 ငါတို့ကြိုးပမ်းစို့။

(မြေလတ် မောင်မြင့်သူ)

ဓမ္မကျောင်းတော်

Dhamma School

အခြေခံဗုဒ္ဓဘာသာယဉ်ကျေးမှုသင်ခန်းစာ အပိုင်း (၃)



ပထမအကြိမ်

အရှင်ခေမာနန္ဒ (ရန်ကင်းတောရ-သပြေပင်) မှ စုစည်းပြုစုပါသည်။

Email : ven.khemananda.brahmana@gmail.com

t ajccAK bmom , Óáusrbicefpm (tyllf-3)

&efu i fawrnfrpOt r &f(34)

t zHSH wGylsrf = a&Ehf f(00296) t r &f(90)pD r cat ;b kmv rf?
A| efNid, f

x lw&Oo l = Óar mhármhv \$a&Ehf f(00447)

zefi& = **&efu i fawrnfrpOt**
aejyn fawrn
zlef-09-430 75704?09-420 712758?09-830 4446?
09-797 303021

&efu kf

zlef-09-730 85247?09-730 93355?09-507 9674

o pín@Hjydu pray (a&fVóid&Kpawrnfrp f kf)

zlef -09-730 96898?01-387849

wef& = 500 u yf

x lw&Oo n fh B df = yx rt B df 2016 Z&f (50000)

Ijx lw&Oo n foth jyú wfvav na f n &f)(CIP)

249. 3

acr neE?t &S?"r @u snfawrnft ajccAKb no no i fefpm
t ykf(3)^ t &Sacr neE' (&efu i fawrn&o ajyyi /
-&efu kf?a&Ehf pray(yx rt B df)?2016/
108-pm?12. 7 _ 17. 78 pi fvD
(1) "r @u snfawrnft ajccAKb no no i fefpmt ykf(3)

t ajccAR bmom , Oausrbicefpm (tyll-3)

]]earmwó b *Oawmt &[awmor r@r Aö]]

&wenjwó kyg

pef a&Tai Gau saif o Hywjam &wenw n f av na
v b mt aygf w pol ES kl kEps u fir w Ekapw wáo m
aMnif&wenh kac: q kyg n f



au saif Hywjam pef a&T
ai &wenw kl b mefv o kl
Ekygcsfo ma , Do wá mo kl
aq nif kl u b &weno kyg
u kl n f b kfu BS wá mq n fu yfu ku G&áo naMnif
&wenn fáyo n f

av na wG pef a&Tai G& kyk kl mt x u fivefu si s
aex kl praon Ekygo n f b &wen? w&wen?
o E&wenw kl , kl n b f sr kl u ku Gf q n fu yf G
r &&ay/

Ak&wem

pef a&Tai &wenw n f t z&
x kl fivef / x &wenw w Gf Qp&S
r Enp&csfo mt u \$ cph&o u b
b &ESu klaw & u ku G& q n fu yf
&ao myk kl f w n f av na ? o bl &Epsznao nti u \$ kl



tajccAR bmom , Oausrbitefpm (tyllf-3)

&M o n f x k k f s r t w G f A k & w e n f w e z d j z w f
E k f a o m & w e n j z p b n f

j n f w e f w j a m u k a w G B K K J G o u b h a v ; t o a c f
E S h u r G w p b e f M n a t n i f y o r j n M D S o k n j z p f n s a o m
A k r n f a o m y k k k | E S a w G B K K J a w G B S h u k u G f q n f
u y c G z h v G j i f c J G v S A k o n f & w e n j z p b n f

" r & w e m

r * f a v ; w e f z d f a v ; w e f e d e f y & d w a p q , f s u k
" r [b c : o n f w e z d j z w E k f a m a f a t n i f t z k k f w e f /

b k m y G a w n i t S u m o d a o m v & m a w n i s n j z p b u m
b k m S u k z a w G B K K e f r v G b u b h w & m a w n i s n k



M m e m G & e f n f r v G u l v S c s
x k & m a w n i k b k f u e h f o l
r s n r o e k f r o k a d b k f u S o m
o l w t o k l a q n j z p f ? o j p f y g
w & m a w n i n j r & w e m j r n f y o n f

o E n & w e m

o r k w e s t & d n e s j z n a o m
o E n a w n i t & S r w f t a y j f o n f
o E & w e m n f /



tajccAR bmom , Obausrbi tefpm (tyll f-3)

o Erawrfi k'lo av ;jrwfq n fu yfu k' Gb f Sav ma
o bl & n' au ni fu s'lu k' & S'p'm;Edf
ygn f

o Erawem n fA k'wemay: x E
cs'io maw & B k' zlj i Bao maM nif
t v Eaw B k'cao m'wenjzpfq n f



o Erawrfi k' b' k'fu B D w' m'z'law E k' q n fu yf
u k' G'Ed'ho maM ni ho Erawem n f q n f

&wenj w' b' k'g' v u P m(5)yg

(1) t av ;jyK yf

(2) z'k' jzwfvn f

(3) Ebf y' M'k'Gf

(4) r & S' Gb m' r'v , G'aw E n

(5) a&S' E' n fv w' k' h' m' [kw'f q n f? &wenj p'ö f

ac: o wn f/

y'au awrfi

jrw f'p' k' m' & S' y' d' A' f' p' B' f' awrfi n' D' enu f' y' k' f'
jrw f'p' k' m' (45) O'g' n' yw'v' k' a' [n' m' awrfi b' n' f' a' o em
awrfi s' n' k' y' d' no r'zi h' E' v' q' i' f' i' r' f' i' v' n' fau nif? ay' p' n' g'
au s' n' f' m' r' s' v' f' r' s' r' z' i' f' i' n' fau nif' o Erawrfi s' n'
acw' f' q' u' f' q' u' f' x' d' f' o' d' f' awrfi v' m' n' o' n' f' x' k' o' erawrfi
t' & y' u' k' p' ay' f' i' j' y' au awrfi' k' ac: y' q' n' f'

t ajccAR bmom , Olausrbitefpm (tyllf-3)



(1) Od, ydu awrn(2) o kwEA
ydu awrn(3) t b dr ydu awrn

[l o k s s / t & s f [na ó y
t p j k d n f i a x & f w f q u f u f
w E v f y , f c i f ? j z n p G f c i f ? j i f i f c i f r j y k J r & i f r y s i f
o * f j e n w i f v s i f x e f o d f a p r i n f a & s u k n t y a o m b k m
p u m y d a w r n w k f u s i n h a e x k l a v k s o m o g u k l a x & o g }
[k a c : y o n f

(1) Od, ydu awrn

& efa, na s r s r E s h & e f r d f r
r s r t w G f o w f s y n w k m a o m u s d w f
p n f u r f r s n j z p b n f x k e d , y d u a w r n
o n f u s f t n j z i f (5) u s f y g a w r n y e f f
p r h k f (5) t k f & s o n f



(2) o kwEA ydu awrn



A k b k m & s f a & s o p G a l n l m m a o m
" r o m l w & m a w r n f i y e d e f a y k e D a e m u f
q k a l n l m m a w r n c b n f i n l o g a ' o e r a w r n
t x d 4 5 - 0 g u n v y w f k l a l n l m m a w r n l
c b n f a ' o e r a w r n t r s l p m r s n j z p f y o n f
u s f t n j z i f (4 1) u s f ? y g a w r n y e f f p r h k f (2 3) t k f & s o n f

(3) t b dr @ydu awrf

o kwaf: Odn f wlf u fv Cu Jcu fao m
 o b no' r @su kbn f aznfyx mao naMlnh
 t b dr @ydu awrf kac: o n f p t b dr @
 ydu o n fu sft nzi h7-u sf ydawnf yf
 prh kf (12) t kf & g n f



o *Ej emwi f Akb no na s fr sn

(u) yx ro *Ej em? kw d o *Ej em f w d o *Ej em w G
 ydu o k kw & m p k k lo *Ej emwi fax & f w f w Ewzi h
 play f & G q y d p w b n m w G r w b m x maw n r b m y g n f

(c) pwkw e *Ej emwi & n i r l ay & G ay: t u @mwi faw n r l
 c m o n f

(*) y C o *Ej emwi & n i r l au s a i p r j z i h t u @mwi f
 r w f r f j y k w r f b m o n f



(C) q | o *Ej emwi f y G G l y k f
 pu l j z i h t u @mwi f at na f y g
 t w k f r w f r f j y k w r f b m o n f

u s f t r n f

Odn f
 ' Ded m f
 r Z led m f

u s f

5 u s f
 3 u s f
 3 u s f

prh kf

5 t kf
 3 t kf
 3 t kf

tajccAR bmom , Obausrbicefpm (tyllf-3)

o Hw&ed m f	5 u sf	3 t k f
t * W&ed m f	11 u sf	3 t k f
ckú ed m f	19 u sf	11 t k f
t b úr m	7 u sf	12 t k f
<u>pplayj f</u>	<u>53 u sf</u>	<u>40 t k f</u>

(i) pwkw?yO&Eshq | o * E emwi f y O r S v f r f
wi fb n ht a&t w G f s r t n



ay&Gf&	6345 - &Gf
au sa f y f&	729 - c y f
prh k f&	40 - t k f

pn&Gf& 6547 - &Gf
pmsi E&n 13094 - r si E&n
pralM r n f a& 404070 - aM r n f a& y
o n f y e u o k y l y o i f a o m t u & m
p r n k l a&t w G f n (11@21@750)



(wpú k#wpú ef E&ho r n f w p a x m n f E&B h g q , j & S o n f

o * E emwi f r k f

ax &Og Akö no enawni web lu t w E&ao m
Akö no ni f w n f b & m & S y & d A f y n D n f S, a e w k f
o no enawni e b S p a w n f w j e y G E k a p & e f & efawni
r s, E&ht k f s k b h i f r s n O y o u m? O y o d m w k " r o u E&h
t n P m u f n D G p o * E emwi f o no enawni B D a p r n h
a& n f M y k k t x | o d i f n S y o n f

tajccAR bmom , Obausrbicefpm (tyll-3)

o kwáfOehn f t b dr @w&navrfsnt r St , Gr &S
&at nrfpaygf&Gf k t wn fyjci fu k]o *E emwi b n] k
ac:ygn f jrwpG &my&dAefD b n f Srax &fwb D
t qu fu fw o *E emwi fba mydu wb k Gfed m f
i g&fu k]ax &Gg Akö no enj] k:c:ygn f

yx ro *E em

o no enawnE(1) (BC 544) jrwpG &my&dAef
jy]Aem f(3)v t cswG&nZNE jyn ?aOb &awrn?o wå



yP O P fl r @yawnü yx r
o *E emwi fba / o k ' rn fo m
awrx Gf & efB D o no em
awnü m x g]g ykvcwfo m
pu nr su k]ajmq k n hio no eh

t EAn fay:aygu b jzi ft &Sf [maó y? &SOyg @t &S
t neEht r Sykó m& EAn[max &B Dt yg(500)w
o *E emwi fawrfcMlo n f x k Mwi &mwG &nZNE jyn f
&Sb k f Zmwowfi fESHjyn b jyn b m w v n f t b uf
b uf Sykduh EMLon f

' kvd o *E em

o no enawnE(100) (BC 444)wGaOb nr Dn fOyK m
&mau shfwk fu ' kvd o *E emwi fba n f aOo nr Dn f
OZkdfom& efr su & efau nrfw Oen fu \$ DwESH
rn bo n u \$ h(t "rOw k10-ygu ka[najnyk \$ mlao m

tajccAR bmom , Olausrbitefpm (tyll-3)

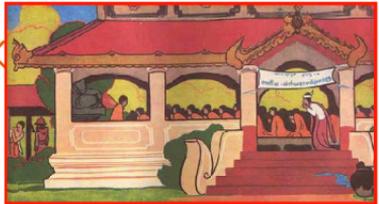


o no enth EAm fay:v nao m
 aMnifo *E emwi fci f jzpfy
 o nft &Sf o ? &Sb AAmD
 t &Sb&Owt r Sjk m& EAm
 r[max &B Dt yg (700)wN ' wd t B dfj ma fo *E em
 wi fawnf bM o n f aOo mv Dn f u mv nao nu ri fESH
 jyn b jyn b m wN t bu b u f Sjk u h bM o n f

wwd o *E em

o no enawnf (235) (BC 308)wG yg v gk v jn f
 t ao ma n m u shfwk u wwd o *E emwi b n f & efwR
 & efa, m f w d a j c n a f a m f w N & efa u m f t o G z i h
 o no enw G O i f a m i y D r p a o g r s n u k o G b G v n i l a o m
 o no enth EAm f a M n i h w w d o *E emwi fci f jz p b n f

&Sf [nar m v g k v a d ? &Sf
 r Z i A ? &Sf [na' Ot r Sjk
 ao m & EAm [max &B Dt yg
 (1000) wN wwd t B df
 aj ma fo *E emwi bM o n f



x k w i b n w G y g v g k v j n f o B r a o m a r i f b D S j n b l
 jyn b m w N v n f t b u b u f S j k u h b M o n f

x k w d o *E emwi b n f c s f u u k v k f u k r a o N
 o no enyk z O n a p v W f a w n f b M o n f j r e f n e f f H b B P O
 b t d N &S a o n P r a x &E S h &S O v a r a x &w N r S j k o m
 & EAm &S r w B D g y g u a a m i f o n o e n y k b M o n f

tajccAR bmom , Obausrbi tefpm (tyll i-3)

pwkwø *ġ em

o mo enawrnf (450) (BC 94)wG o Du Fr(o Dkġ
Ekf H v , Zeyk? t nav nu v P f ū pwkwø *ġ em
wi fb n f



o Du u Fr(o Dkġ Ekf wG
o ykfab ;? i wf @ fācġ fygab ;
B D k(12)EPM mcpħ;M&ao m
aM nñfyēu wāwrñsr aysa f
ysi &at mñ&[efo θrawrñsu

t v Ğyi fyfcu f pġaq mġ m M&av o n f aernf u nā wG
p o Mbo t E&n fay: ayg ū o wōb r mġdyn nā kwf wM D
Ewfvu fraq mġ n f ū ġ i fāwrñM o jzi f pwkw- B dġr nā f
o *ġ enwi fci f jzpb n f

t &f [mġr @ t r Sykō m& E&ax &B Dt yg
(500)wM o Du u Fr(o Dkġ Ekf H v *g P di f v u f u wG
ay&G ū t u @mwi ū mpwkw- B dġr nā f o *ġ enwi f
awrñcM o n f rv , Zeykæ t B D u r s r E f Zeykō l
Zeykō m wM t b u b u f Syk u h M o n f

yOo *ġ em

o mo enawrnf (2415?) jref mo u & n f 1232 c E f ?
weaq mġ f v q ef(1) & ū f e Y c & E f (1871)wG jref mġ f P l
r E&v ; N U (&weny k e j n f a w n ū) y O o * ġ e m w i f b n f
yēu wāwrñsr u k l a y y k ū f s r a y : w G a & o m x m ġ c i f

tajccAR bmom , Oausrbitefpm (tyll-3)

jzi fM n&S p&r c&N E&fci f? t r&f s&u q&raejci fpao m
t E&M f snu i faysu fap&ef au sou k u ft u q&wi fu m
yO&t B d&fj r no fo *E& emwi fci f jzpb n f

r E&v ; N&O' u q& n&m b &M B D&v& f q & n&awr f w&v&f
u " &r [m&r q&Z m&Z * k&b O&v& f&w&n&b ' E&A&n&b O&v& l
r [n&x &f r E&yl&o mo E&M
awr n& yg (2400) w&v& o *E& emwi f&w&n&b M o n f



x k N *E& emwi B&v& f
r E&v ; awr n& f&ic&S&v n&u
r n&Z&f (u k l& f&w&n&b &M O&v& f
t w&G&ü pu s&f&u sou f&L (729) c&y&f&: w&G&t u q&ra&x G&i
o *E& emwi &M (7-ES&6-v ?14-&u j) M&v&v o n f , i faem f
E&v&zi B&v& f& o *E& emwi &M (5-v E&Sh3-&u j) t M&v&v
w&G&v&v Dat m&f&ri f&v&v o n f

q | o *E& em

o no enawr n&f 2498? jr ef no u q& n&Z&f 1316 c&E&f?
(c&p&E&f 1954) u q& k&v j&n f&e&v& G& jr ef n&E&f P&B&efu k&f&N&v
u r&v&at ; u k&f&f& r [n&y&v& n&P v P& f&awr n&v D&v& q | o *E& em
wi f&v&v n f

jr ef n&E&f b&ln fo lu B&v& O&v& E&f (100) c&e&v&e&v&v Ak'
o no enawr n&f E&G&v si &S&v o no enawr n&f e&v&v P&f&pi M, f&v&?
ye&v&v w&v&v n&f e&v&v P&f&pi M, f&v&v w&v&v k&v&v S&v q | r t B&v&v f&v&v

tajccAR bmom , Obausrbi tefpm (tyll i-3)

o *Ej emwi fci fjzpb n f an ni&rfq & nawnrit b dZr[m
 & *k'o' E&Ow?r[npi f
 q & nawnrit *?4 ny@w/
 b' E&o nto P (y|pai)?
 ri fu Efq & nawnrit " &
 "r @m&gd b' E&pd a n&nto OBl (Oo Z&E)pao m
 ax & Og (5) Eklf H&S[efo E nawn(2500)w n o *Ej em
 wi fawnrit mlon f jr ef nklf Hpk&ESHjn b jyn b m r sr?
 o Bdu f?x kl? v n b ku ar O D m[bo max & Og Eklf H
 r sr, ESh jcm, Eklf hlygf (25) Eklf w n v n f t bu bu f S
 v Sef u h mlon f



v u f u S

- 1/ yxro *Ej, em
 o kl av ; y&znk ?wi f ku ó yax &
- 2/ 'lvq o *Ej, em
 Epayg fwp&mv ad n?wi fwm, o ax &
- 3/ wwd o *Ej em
 E&nb kl , ?i g&ku , ?ygv d, fwd ax &
- 4/ pwlvo *Ej em
 av ;&hgq , ?o D&ko, f"r&u& &
- 5/ yObo *Ej em
 E&ax m&av ;&mq , fgu SZm&ax &?j ef njn (ajy)/
- 6/ q| o *Ej em
 E&ax m&hg&?jn jr ef m?wi fwm&Owax &

tajccAR bmom , Obausrbicefpm (tyll f-3)

jrefmri f ; rsm ; vufxuf Ak' " oncaawmf tajctae

1/ yklyn ~~BS~~t aen~~ix~~ mi f (AD 1044-1077) v u k u fwG



t &n fB D~~W~~ n ph r fao m plöög u kl
o kvb i ~~BS~~fv i fu m&Sf & H t u l
t n Jzi fax &Og o mo emt kvfr pč:sh
yğ n f t &n fB D~~IP~~ fOi fq &nB D
3-u ~~st~~ESwyn fygj f 6-ao nifau sh
w~~W~~ kq i facsu ~~st~~ jr i facsu ~~st~~ jzpf
ckfapawrhlyğ n f

2/ t aen~~ix~~ mi fB D o mawnfvpfyg

jzpb n fu spob mri f (AD 1084-1112)

eefwu fyG crft emwG&Sf & Hl r S

jkö mo Elm(4108)ygw~~W~~ y&wfv&m

awrhsm k~~st~~ S~~aw~~rhlyğ n f u spob mri f v u k u fwG

t meErb ~~km~~?* eD ~~km~~?t y, &werb ~~km~~ t yg Oi f b ~~km~~

r spGawn k m u k Gcb n f Ak*, n&S [naAmhd ~~km~~ u kl

jyi qi i Ek~~W~~ Dajr , msv n f v S~~ef~~Ek~~W~~ lyğ n f



3/ t av nifpn b l o m u k m u si f e&o l (AD 1167-

1171) \ v u k u fwGzci ESft pü ksmu kl / yk~~B~~ MD b k f B D

au shfr snwG~~v~~ n fu acs n fr snu kl v kl v kl w f u apci f

& efawrhsmu klv k Gcbk~~f~~ji fr sn jyk kv/ nob jzi hyl u l

ax &ESh& efawrhsm o D~~W~~ kx Gajy;awrh&S~~o~~ n f

tajccAR bmom , Obausrbi tefpm (tyll f-3)

4/ u p*o*i f(AD 1234-1250) o n f y*u* w f u s f* e f u k
w w f u R f o j z i h w p a e V C f p r o g (7) B d f y e s y D y e u o k y k k
(9) a c u f o i f b n f

5/ y i f, r i f q u f O z e n i f v u k u f (AD 1322-1342)
j r e f m o u a n z f (699)? a p u k x & f (& f a p u j) o n f a o m r D
o y e f o u f a w n i (85) w f y & d a n f y k n f t p y k f w f
a x & o g & e f r s n p k k e f a o n r n f a e m i f u m r w f t v z e
' k d & e f r s n v n a m * g o g y d u s h f t & n f B D g t m
a u n i f v m o b n f o d @ w i f o d f O i b J & e f t o f b l
t & n f B D k a c : y o n f o d @ w i f o d D i f s i f w & m o j z i f h
r u s b u k t v z e k d [k a c : y o n f

6/ o k e b e (AD 1526-1542) v u k u f w f f & w e m
(3) y g u k r 1/2 o b J a p w y k k s r S x y e m w k k a z n a f M D
o E n a w n i s n o m r , m r , b J w y n f v y e f x n j c i f o n f
r i f u k y e f u e a o n i f u s e f & e f t i f m a r e n f k p y o f
a w n i f v j r i f u r @ y a q n u f u m & e f o E n a w n i s n o
y i f a p y D p y k k w a v o n f a u s i f u e b k m w k s o m p r a y
u s f * e f w k k n f r D o l s i f j D b n f

7/ i g g l g u m e E b k i f (AD 1581-1599) v u k u f u
O e h f E S h n d o m & e f r s n u k l v D w i r a p y M D o n o e n a w n i
o e k f a & u k j y k p o n f

8/ r i f w k f r i f B D (AD 1852-1857) v u k u f w f f t c k u
q & n a w n i b k m B D s t m Z n & n b G b l ? w g d u " & ? r [m

taicAR bmom , Oausrbitefpm (tyll-3)

"r & nzm" & nZ* kb & w hlgawrnfnq u fu y
 clyo n f o mo em(2400) jyn Eps?o u & nZ
 (1218) weftv jyn fau snh (8)&u faew G
 o no eny kfq & nawnb & mB D&svu & w hlg
 awn& q & nawnb & mB Dsn Mlyf wf
 ayx u f u & ra&u lawrnhapo n f o u & nZ
 (1222)ckS(1230)x dy&u o kykD&n fi g
 u s fy&v(111)csyt b dr & k&pfu sf y&v(2018)csyE&fo w&f
 y&v(410) au sa c&sfayj f (729)csfu k&u sa k u ft u & m
 wi f&wnb n f o mo enawnE&f(2415)?o u & nZ(1233)wG
 q & nawnfo E&nawnf(2400)wE&f(6)v w&klv&kyOo * E j em
 u k&vi f&wnb n f



o & mo i b n fo u & nZf aM nif sn

r [no u & nZf

o * E j enwi b r kltf y& O i f j r ef n& nZ O i ? u r O r kltf?
 u r O no n& D&st aM nif po n fu k&zw f&av k n& n&w G
 o no enE&f? r [no u & nZf? au nZno u & nZf? c& p E&f BC ?



AD po n fu k&w O&ayr n f x k& cgq k& k&
 & i fu k&em v n E&k&ao naM nif pna i p&w f
 r O i p&nb Jzpb & w w f y& n f x & M nif
 o u & nZf aM nif u k& k&vi b & m&sef k&
 y& n f

tajccAR bmom , Obausrbicepm (tyll-3)

r[mo u &szf; k n f S b &szf; r y C h D b kawni C e r i f
pwi fvn k m c b o mo u &szf; jzpfy n f

r[mm na' OD crn fawnf jr w p c b &szf; b kawni
b k i f O e i f B D n fo l v u k u f u a &szf; n o f q o u &szf;
8649-u k x k f w a y o f v u G f p a e a e Y x d k y D C w e t |
v q e f (1) &szf; w e * E e a y k p y k o u &szf; (1) [k w n k m
a v o n f x k u &szf; k e n i f c o j r [n o u &szf; k a c : a o :
o k o a \ / (o u o m o D f i f w o k o k y k b n f i r o f o m
w p c j z p f]] o u &szf;] k a c : \ /) x k [n o u &szf; 103-c k f
O g k j n f p a e a e W G b &szf; S b n f " r o M m w &szf; a w n f i k
p w i f a [n M a w n f i y o n f

o no eno u &szf;

o no eno u &szf; ko k i v h &szf; J o n o e n f e f [l o m
o k e f a v h &szf; o n f j r w p c b &szf; m y &szf; e f j y k a e m f S p w i f
a &szf; G f a o n f e f j z p f y n f

b &szf; S b n f o u f a w n (80) t &szf; G f r [n o u &szf; 148-
c k f ? u q k f j n f i t * G e w G u k e n i y h f r v m i f w k
Q s o a w n w G u y &szf; e f p e l f a w n f i y o n f x k c s f S
p i o n o e a w n e f (1) [k o w f S f u m p w i f o k o m o n f
x k f ? o u u f e f j r e f n e k f w k , a e w k f o k G s f &szf; o n f

jr ef no u &szf;

v u &szf; o k y k e o n f j r e f n o u &szf; k n f S n y k b h
a p n &szf; e f r i f v u k u f o u &szf; k y k a e m f p w i f c b n f h
o u &szf; j z p f y n f

tajccAR bmom , Olausrbitefpm (tyllf-3)

o mo enEF 624-cEF a&mf o a&acw&ny n fo k&E&D
 ri fu (2)ck&i fx m' a' g' & o u efji h(622)u k&E&D /
 x k u &nzf562 o k&mf y&ao nfyk&yn fyk&pn&[efri fu
 (2)ck&i fx m' cq yO u efji h(560)u k&E&D / x k&E&D m'nfh
 , ck cgvG x k&i f&E&yg k&E&D o m&E&ay&g f
 (1182) av sh **jr ef no u &nzf** jzpfv m
 yg n f jr ef m&E& n fo u &nzf
 wG(1182)ay&g fx n fi **o mo em o u &nzf**
 jzpf&v awn& / x k no em o u &nzfwG
 (148)ay&g fu **r[no u &nzf** jzpfv nyg n f



c&pEFf

c&pEFf (Before Christ) (BC)
 q k n f &na, 1/2&pf ray: r D m u k
 a&wGf r &v m&wG t o k&yn f
 Anno Domini (Latin) = in the year of
 God.)(AD) q k n f &na, 1/2&pfay: MD
 a&mf fyk&fu m u k&wG& n fh, a&v r o k&lyu c&E&fyi f
 jzpfyg n f o mo enEF& n f jr ef no u &nzf u f 1182-
 EF& D Dc&p&E& u f 544-E&f B D y g n f jr w p o k&E&S
 y&E&f&fyk&w m h o n f u k& p f ay: r (BC -544)[k a&E&v k f
 o r k&yn n&E& s u t w n f y k m /

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
၃	၄	၅	၆	၇	၈	၉
၁၀	၁၁	၁၂	၁၃	၁၄	၁၅	၁၆
၁၇	၁၈	၁၉	၂၀	၂၁	၂၂	၂၃
၂၄	၂၅	၂၆	၂၇	၂၈	၂၉	၃၀
၃၁	၃၂	၃၃	၃၄	၃၅	၃၆	၃၇
၃၈	၃၉	၄၀	၄၁	၄၂	၄၃	၄၄

tajccAR bmom , 0ausrbicefpm (tyllf-3)

t nZD ru o D

Akb no noi fwn n ft o u far Grfau shf pi M, f
&ygn f t o u far Grfau shft wGfypö fQön&Saz&ao m
t v kf u kf br Qkyvd no npu mzi h]t nZD] kac:\ /
rw&mao mypö fQön&SazG o u far Gu k]r päh nZD] k
ac: o n f x k]päZr Sa&SnM G w&mo zji fypö fQön
&at mf &SazG o u far Gu k]r o r nZD] kac: o n f

r päZr Sa&SnM G lo d Qykb n f / fycj r ma fo d Qykb
jzpb n f &fycj r ma &ao mo Du k]t nZD ru o D] k
ac:\ /

t nZD + t | r + u / t nZD = t o u far G?
t | r = fckj r ma ? u = ao m t o u far Gv Q fckj r ma f
&ao mo D/

t nZD ru o D awnfyk

lu mo u eawn h? o &P * kt Hbaq ma fvn fMaem f
]t nZD ru o D] u kawn f&ygn f
t [Hb aEÄ wö &aP e o [
t nZD ru o D H r Q npm ä Ek 4H
u w G o D Hä' x ar b aEÄ
' kvd r ö ww d r ö po n f
qu f yd



tajccAR bmom , Obausrbicefpm (tyllf-3)

o DchHykl

- 1/ ygP mwlgvma0&P d d @y' Hb r rhd md
- 2/ t ' Efhema0&P d d @y' Hb r rhd md
- 3/ u nar o kdpn&ma0&P d d @y' Hb r rhd md
- 4/ r b r n g g a 0 & P d d @y' Hb r rhd md
- 5/ yd R O g m a 0 & P d d @y' Hb r rhd md
- 6/ z 1/ k O g m a 0 & P d d @y' Hb r rhd md
- 7/ o r g e j n y a 0 & P d d @y' Hb r rhd md
- 8/ r p a z D g a 0 & P d d @y' Hb r rhd md

t eu f

- 1/ ygP mwlgvm.. 2/ t ' Efhem.. 3/ u nar o kdpn
pn&m.. 4/ r b r n g g . . . 5/ yd R O g m . . 6/ z 1/ k
O g m . . 7/ o r g e j n y a t " g j f u s f n i p 1/ k f
w&mq , f y g n h w k f j z p f o n f
- 8/ r p a z D g r w & m p D y G & S t o u f a r G e i f r S a 0 & P d
o d @y' P a & S i M C a M m f a u m f r w a o m o d @y k u k
o r r h d m d a u m f p a u s b k c H I a q n a f w n f y g /

r w & m a o m y p a f o p n & S a z G t o u f a r G e i f

r p a h n z D p k e y g f (1 2) y g & S o n f a i f w k S -

- 1/ r k k w H g v k f w k i h o Y o u b w f u m (y g P m w l g v)
t r u j y k y p a f / S a z G f ?

t ajccAR bmom , Olausrb i t e fpm (t yll f-3)



2/ o bkl"mjy (t ' Eñg) t r l u klyk kyf
ypö f&Sazji f?

3/ai 6M; ypö f&v kl wG(fu nar o kpäns)
t r l u kl 6u su mpyG&Sici f?

4/ rw&ma&Se?rw&mpo u äo v kl f
jzpáp?v dlv n fv 6fw&ä&mf0, f jzpáp?(r b rög) r jzi h
ypö f&Sici f?

5/ u kfwkl fu kfacsa m'yd R Ognr jzi hypö f&Sazji f?

6/ q a& wklfx 6(z/6 Ognr) t r jzi hypö f/ Sazji f?

7/ u Gpöfjmq &nr [kwf r 6t u 6t /6 m @n&yl f sn
ajynulmu m(o r 6t ny) r jzi hpyG&Sazji f sm n f r päñ
ZD t snji f jzpfyö n f

p (7) ygt jyi f x yf H&v b m
&ef 6(5) yg &Sazji ;o n f



(1) o w 6p 6tE " m v E

ao ewf ykl fu 6pao mv u 6u ä&ñfjci f jzi h
pDy 6&Sazji m'fyö



(2) o w 6p 6tE = v l u kfu ljci f jzi hpy6
r &Sazji m'fyö

(3) r b l O p 6tE = 6t 6u 6Ou 6q w/6 M u 6i 6 f po n fwkl
ar 6t l i o wfzwb t m ä&ñfjci f 6Sazji o w n l a o m
o mi gt pkl ajcma f sra&ñfu mpy6 6&Sazji m'fyö

tajccAR bmom , Obausrbi tefpm (tyll i-3)

(4) r ZEP ZAE = x ef, &n t t &u t b ef
rt, pāpo n faq ;v k aq ;jym? aq ;&n f
r sru k&nfu mpyōr &au nifyō

(5) Od Og ZAE = t q gfa&nfu mpyōr &n
au nifyō



Iv u fu t v t o m? ao c q t i g?
a&nfpm r jku nif}

x jfi fji fav nifc Eav nifc Mu fvk t z jk f? csl k
ypō f ai aM; &az G sv n f r dāzDi jzpf /

o r n zD

w&no jzi h&&so mypō fr sru kll" r @v ' ypō f} [k
ac: yō n f , i fypō fr sru k-



- r b b k k po l w f s ar G E f
- &ao ma&Tai Gao nypō f?
- pra&pro q &ng q &mpao m
- t r k r fv kf &ao nypō f?
- v u f ln nzi h&ao nypō f?
- v , f m kf &ao nypō f?

- w&no jzi ha&nif0, f azna fu mī &ao nypō f?

- u m v kf nzi fit v kf v kf &ao nypō f?

x k pō fr sru jzi fit o u far Gao no lu klo r n zD jzi h
t o u far G [kac: yō n f

t ajccAR b mom , Obausrbi t e fpm (t yll i-3)

v EU \$:jci ft jypf

i gygo Du klay nai fwn b n jzpaqcr aq nai fwn b n f jzpaq v EU \$v Cft jyp&S u b t nZD ru o Du k n f aq nai fwn b n jzpaqcr aq nai fwn b n jzpaq v EU \$v Cft jyp&S /

i gygo Do n f o lawnfau nifw&T Naprin& ef&r n f epö D jzpb u b t nZD ru o Do n f n f o lawnfau nif w&T Naprin& ef&r n fu kl ü s'hepö D yi f jzpaqo n f

q kawnfjci ft aMnif o du nifp&m

Ilq kawnfjci f]] b n f r d d kl yáo mt u \$U klpa/fzi h r Ef q í jzpaqEwzi fwr fwí jzpaq awnfq kl i f jzpfy n f

, i fo kl kawnf&nai awnf ao nq kl klay; r n b f t jcmo l r [kwf r d q yáo nai) Ho na Cjzpf ao naM nifq kl kawnf'klQ m q kl Cfr &Ekyg au nif r u b kl f u kl n f jykayQDn f



Iljo D&S b n fpi M, b jzpaq naM nif r d awnfwo n f t wkl jyn pkl]] kb &Sfr ef&u fawnly n f o jzpfy u kl ü s' b Du kb r m d= pa fwn Mn f EShyn m= x kl C o jli f Efygw& ht q i b i fr r f x kl; yg lu m q kl G&m&S o n y i f Mly n pkl f y n f

tajccAR bmom , Obausrbi tefpm (tyll-3)

q kawrnifci f[b n f av \$o ab Fmpo n fw & \$o m
ybu EShwl / av \$ ab Fo n f ybu fyg Sa&v rfc&DvG
v ko ma&no kwn fvn fhwf wfa&na fapEkb u b ku ko k f
au nifr ljk b n fq kawrnifyg \$ bl&na&D rfwGv pn fpdc
ewfn fpdf p r * fzk fe&af x dn b n fh &na kq kv k v k
&Ebf, EklMyg n f

ao o Lu kewnyn fa&na fat ninfq kawrnifay;i &Ebfyq av nq

r dkl klyao nq ki kb km&Su awrnifay;i &Ebf r &Ebf
[laomjyo enEshpyf b km&Su k fawnfv k f ajzml m
r efv fawnfbsi f b v efv av ;eu f
r v b mem kGf au nfv \$y n f

&Ebf B DvpODU - Jjr wfvb km
jAnf P q &nb Dv k n f ao o Go Lu k
ewfyn fa&na fat ninf q kawrnifay;Ebf
Myg n f t &Ebf km au mx k n jyk kf
ay;Ebfyq v m]] kav ou k m /



x k cgj wfvb km - Jy p n v g v pao m k f sru k
jyk kf ao o Go t wGf v t r sru playg fi]ewfyn f
a&na fygap]] kq kawrnifay;ao nfv n f a&u jr kfaeo m
au sa fu kju r fay: wu f v n ygap]] kq kawrnifi r &o u b k
o k f v k n Dao o Go t wGf n f]t yg fu ygap]] k
q kawrnifay;ao nfv n f ax nywf ku ka&ucsaonh cga&ay:
aOka nao max nywf D sru k]epf k f ygap]] kq kawrnifi
r &Ebf u b k f jzpb n]]] kr efv wrnifyg n f

awrnifao nq EShweát mnyk& n f

a* gvr b & n f r d& n f a o m b & n q E S h w e á t
 at m f a v ; t o a c E S h u r q w p b d f w k f v k f y g r á u m f r l
 u k k f w k k y k k f q n f y l a w n f c h g n f t & S b n a g l v a n ?
 t & S a r m i v 4 n e f v d n f r d a w n f a o m t * á n o u q E S h
 w e á t m f w p f o a c E S h u r q w p b d f w k f v k f y g r á u m f r l
 u k k f w k k y k k f q n f y l a w n f c h g n f r [n o n o u r s n
 j z p á o m t & S f [n a i ó y ? t & S f n e E r w E S h x i & S a o m
 & E A n B D s n j z p i M a o m r d x á w n f a * g v r D a c r n a x & D
 p o n f v d n f n f r d a w n f a o n q k s E S h w e á t m f u r q
 w p b d f w k f v k f y g r á u m f r l u k k f w k k i t o D D i y k k f
 q n f y l a w n f c h g n f n f v d k l M n f a Q f a w n f a o n q E S h
 w e á t m f u k k f a u m f r l y k y g n f
 w e n f q á a o n f r d a w n f a o n q k
 t w G f w e & n w e á t M ; a y ; , & n f S
 x i & S n o d m x g n f



p w G v l e w f j A l á v a n a l
 p n f p d e s f o m t r á á (O y e d w) q k k l a w n f c h g n f e n f
 o n j z p á p c r s r o n j z p á p a w n f o a v n a i b n á /

O d n a g u s i f t r B D n f r d E S h w l O y k f a p r i n t i l a o m
 t r á r D g & n a b l á J t b , & n G G e s i j z i f O y k f a p r i n t i l
 y o v J b , f i k k k u k l a w n f i l y o v J k p e n f e m a r j r e f
 M n b l a m

t ajccAR bmom , Olausrbitefpm (tyllf-3)



t b GB Dsru J]ewfyn f
a&na fcsfv [I l v n fau nif?
t d&Sfrsru J]v i fwt, m b O
(r, m, N(k)) rjzpfyape [l
v n fau nif?

t d&x nifj k t r s b r Dsru J]o ma, na s&rav ;
z&ri f&ap [I l v n fau nif?

t y k i , f sru J]t c s b k f v i fau nif o mau nif
&&y g k [I l v n fau nif t o D Dq kaw nif M y k i k a j n y
Mav \ / p q kaw nif o n f w p b O t w G b m t u s y k y r n f

aw nif o i b n f q kaw nif t r S f

o b l & n o # f S v G f a j r n a i B m r * f z k f
e a f e c s f o m (O O Y e d w) q k i k a w n i f c b
v O u m a w n i f a o n q k j i f v l e w f j a [@
p n f p d f c s f o m a v n a i D k s r u k g & S k f y g
o n f J] w p c s i f k l f E f c s i f j w [] q k a w n i f
r s y i j z p f /



& S b ma P j y j c i f

& S b ma P j y k m w G q t s r n ? o u E f O w & r n ? o & P * k i
a q n a f w n B y g n f
(u) q f c b J o u E f O w f a y ; N D o & P * k i y ; v O f & S b ma P
r j z p f y g

tajccAR bmom , Obausrbi tefpm (tyll i-3)

(c) q ktao nfr n f, o u Efr Ow b
o &P * kly;v Qf n f &Sb maP
r jzpfyq



(*) q kso u Efo w fao nfr n fo &P * l
r ay;v Qf &Sb maP r jzpfyq

(C) q Mn fcs o u Efv n fowf
o &P * kn f ay;r S mv Qf &Sb maP jzpfyq n f

1/ t dñ yi f q kso n f? o k l wf v u Efo pf Qq y f &S f
ao ;o jzpfv Qf q k z Gf r v k q



2/ o u Efo w fci f q k kni r d po w k r

O, ay;x mo jzi f &Sav n f y k fo u Efyi f
jzpfao nfr n f q &n l efu Ow E G j y k Qf
r dd mo mo u Efr Ow fau n f ao na M n hr dd u f kso m
o u Efu k q &n l efx H q u fu y & y g n f M D S q &n l ef
v u fu kso mo u Efu k j y e a w n f i Ow & y g n f

3/ o &P * k G q kni q & nwyn f Efo D m w n fo &P * k l k
y D o & G q k y g n f q & n i y D y g o nfr n f wyn t r
ry D v Qf u k i f jzpfyq wyn t r y D M D q &n l efu ry D
v Qf n f u k i f jzpfyq

&Sjy k l efcHen fv r fr E

Ä Qy Zñ h fau n f q & n au n f & S av n f c k l e p?

Ä o &P * k b d i l k & G f y k D a p?

Ä O d n f n D m y & d & n au n f p o z p f y q a p?

Ä o m & S j y k m G o d i l i f v & S p h j z p f y q a p/

t ajccAR b mom , Obausrbi t e fpm (t yll i-3)



vd f 10-yg;

v d f u jci f// &Sb maP \
 t o G u kygd no nzi h jv d h k
 ac:\ / o Y o u fu k w f l pao m
 jypf b , f y g w w f p f y g y u k
 j y k i s f a o m &Sb maP o n f x k
 &Sb maP t o G z i f (o u e f o w f r s i j) r a e a u n i f y g x
 a l m i n f x &Sb m P t o G u k z s i f v D w f a y ; & n f x k
 v D w f & a v m a f a t n i f j y p f u s v G j d i f u k j v d u s n k
 ac: y o n f

j y f r i 10-yg; um:

- 1/ y g p m w g v = o Y o u f u k w f c i f / (y k a u m f a v ; r s u k l
a o m i n f r o w &)
- 2/ t ' e h e = o Y o u k k j c i f / (j r u f v p f i f u k o m Q / d f
n m v k r , &)
- 3/ t j A p e d = a r x k f u s t i k u s j i f / (w e p a e f u a o m Q
r u s &)
- 4/ r k n o g = r k m a j n j c i f / (a j m f a v s i n f u s m v k l a o m i
r Q a j n &)
- 5/ o k n a r & , = a o & n f & u f u k
a o m a f c i f / (t & u f b D m
a q ; v k a q ; j y m u k n f r a o m a f
o k &)
- 6/ A k o t O P o m e = A k j w p o t j y p f u k a j n j c i f /



t ajccAR bmom , Obausrbibeipm (tyll-3)

7/ "r@ t OP ōmo e = w&rawrñ t jypú kájyrjci /
(w&mu síñ NēdAf &Ekb | po n frajnr&)

8/ o Bó t OP ōmo e = o Brawrñ t jypú kájyrjci /
(t &d mjzpmāo mo Brawrñ k]au nñfr ēpāu š b l
r [kw b l} po n fzi fo Brawrñ kx dkl f r ajnr&)

9/ r pāhd= r pāh , &šif / (u Hu Ht u šu klr , Jeli f?
]rn b r q k b Or Sāo v Cf b O jywāwrñ / aem f k yf
r jzpm] kpao mt , &šif)

10/ b d &D b u = b d &D ū ar x kfu šjai f / (Oyr m, ck cg
o D &šū kzs f q jci fr š) p jyp l q , fgr Swpfygygu k
u šv ēv Cf &šb maP t ppf [kwāwrñā&šī , k m
ao mo &P *kys f yō n f

'PF 10-yg;

' P fájyci f / /]a&q , fācgy f x rf&r n ?
o jlgacgy f x rf&r n ?au šnfOkft wGū
t r b &šf&r n } po n fzi faerñf jyklat nñf
t jypfay;r lu k]] P fájyci f]] kac: \ /



'PF 10-yg;umi

1/ Od m ab nZe o d @ykú klr aprñā&šū jci f /

2/ epö* D o d @ykú klr aprñā&šū jci f /

3/ r m mE o d @ykú klr aprñā&šū jci f /

4/ Qpō , e r [mō , e o d @ykú klr aprñā&šū jci f /

5/ Znw 1y o d @ykú klr aprñā&šū jci f /

tajccAR bmom , Obausrbi tefpm (tyll-3)

(1) OwK jyn pldi fq d n f S&L efav mfo n ft o u f
Efq , fjn fao no lzp&gn f yg&zd u sldao no ?
y@kvt p&so m&l efrckld fao mt b A&K&L f
q , fvpá, ma f S n f v @&gn f

(2) Úwf jyn pldi fq d n f SÚwfú k&w&r n fae&nü
Úwfú kv k&zwf ur @g u b u b m&zwfci f?
ur @gnaw MDSÚwfú k&ma f S&wci f? Úwfú k&zw b J
ur @gnai k& mav ; B d&zwfci f t p&so mÚwfy s f



aMmhfw&Su i fpi &gn f

(3) Úw&S&u r @gnai k&G&Z&w&ao m
&l efo n f X&ref u 1&f y, wft p
&so mykfy&gn f u @m&f&u&e&u ef
y&D&o &G&Z&w&gn f

(4) o d&f jyn pldi fq d n f S&o d&fy s f q , fvp&v k&S
u i fv @&b n fpi M, fao no d&f jzp&gn f

(5) y&d w&f jyn pldi fq d n f S&L efc&hü t en fq kl
o D&pi M, fao m&l efi g&y&E&S&jyn pldi &gn f i g&y&
r jyn b Jav ; y&E&S&L efc&hü t &l efr jzp&E&fyg

p b 0 &S&L ef r jzp&k& b n f y&k&L f sn

, c&S&S mo n fv la, ma f&rb Ow&G&S&L ef jzp&c&h
r &so myk&L&b n fv yg&zd u s lrn fao n f x y&k&L f sn k&
b k&ma[mpr&y& s&w&G& b A&K&L f kac: o n f t b A&K&L f

(11) O&S&gn f ai fw&S&

tajccAR bmom , Obausrbicefpm (tyllf-3)

1/ y@kif(a, na srt * 5nwf?
refrt * 5nwfrygo no)

2/ Ob awnAsn f (a, na srt?
r dfrt * 5nwf E5f \$y&6
ao no)



3/ ax , s 0p u (858[efr[kwf0p J&88[efa, mif
aq mif t o kU kckho no)

4/ wvavw Og u kb kl E5b u b jzi hwvdeb mib w
u lajrnfo 6o n fykklf

5/ w0paef

6/ t rd kl wb n fykklf

7/ t zu kl wb n fykklf

8/ jrwp00 kmt m ao 6dfwn fat mfykb n fykklf

9/ o 0mo i fc6n fykklf

10/ & EAn mo wb n fykklf E5h

11/ b d 6Dw kzs f 0 n fykklf

x kwpu slvpa, na (11-a, na)ao mykklf wv n f
&88[efyky; &efv k rx kl fweb n h wGft b A5kklf (0g
v y&nzd u sa mykklf kac: yg n f

u r 0neft mx kvb li &8r n fi * 0j yg

av na ut wwfn nwp&y&yfu kk lcfajrnifjr na p0
wwfjr na fi kl b n fx kl wwfn nE5q &nwv ay: , kl n f l

tajccAR bmom , Obausrbi tefpm (tyll i-3)

&R n f r dd k f v k f u s f r n a & ; au n i f r & R n ? x y i f
[e a q n i f y v i r , O g u n j c i f r & S y u w d i b m a j z n i f w & R n ?
p G i p G w r H v M B k u k w f B k p m , & y g n f
t o O P f t q i h w e f v n f & S y g n f o k S m
a r O n e f x m o n f i t w w f y n n a k l a y u f a y u f
a & n a f a n a f o i f l w w f i r n a E k f n f j z p b u b
o k u r p n e f w & m y a r s t m x k w f k l v n f -



- (1) & w e n o k y u k k l i n & R n ?
- (2) u r p n e f w & m y a r s t m x k w E k f e f u s f r n a & ;
au n i f r & R n ?
- (3) y b m & R n ?
- (4) x u b e a o m v M O B d & R n ?
- (5) O P f y n m j y n p k t n ?

aqm i y k f / , M u n ? u s e f r m ? r m , m u i f u b ? x u b e f O B d ?
O P f r i r m ; /



c E n a k f u k t y E S e f j c i f

u r p n e f m x k w f n b b n f a z n f y g
y ' n e t c s i f s u k O P G a v k n a y g n f
x k l e n a f o i f a v s f a o n a e & n i x k l R n f
b k m & S k o D c H l a q n a i f w n & R n f
x k l e n a f j j b k f a w n i d j w f a w n i b a o m
j r w p G k m w y n f a w n o n f j r w p G

t ajccAR b mom , Obausrbi cefpm (tyll-3)

b &mt m wyn fawni cEnu k fu kt yEY Sefyog n f
b &mt kw&mt mx kw b ckl f r d d cEnu k fu k pCV Wf
v Sefx m&n f

ab ;t E&mf &ef o Gb Gfv klu na G&ef jr w p&ā
b &mt m cEnu k fu kt Sefjci f jzpfyog n f x Nenu f
o wag sru kar way&YDu r p&ef t mx kw Bygn f

u r p&ef t mx kw &ef x klen f



a, na f&rzpfv Cfr [no wd
y| nefygvaw nū azmfyx mao m
r [nyv i fac& klen ft wklf x klen f
yog n f r [nyv i fac& klyk&āb , f
ajcat na f n najct ay: x mao m
x klen f jzpb n f Mnji p&ā klen f efajco v k&sf rx yb J
t v k b i fx m v n fx klen f yog n f t r s b Dst zū k k
x k&r n f wi f y&āc& klv C v n f &yog n f

p o k kly&āemū fu k fu k&āzmfhw p&ā m&n f wi f y&ā
ac&Gu fv Gb , f v u fāt na f n m u f ay: wi fū mv u f c&sf
x k&āc& k m&n f r s i f rōx m&n f

u r p&ef pwi f y&ā snykl

x Nenu f E&ā D&ān E&ā Dū wkl k ōi k Gb Gao m
Ōi fāv x Gāv u klyu w d d&āā f&āu \$ wklf 1/2&ā f wkl d

tajccAR bmom , Olausrbicefpm (tyllf-3)

Oi k Gb Gao mae&ni pal'fu kl myg ar nyefat ninf r 1/5
1/6 & t x lo jzi f1/5/6 faeo moI fav x Gfav aeni b kpal'f
ra&ni apb ESo Dsn ESo Du Oi fav x Gfav x w/kl x w/kl
o d o d aeat ninfo wkl myg

p o 1/2 5/6 O t jcnt ml kpal'fa&ni b Gao nh cg
ESo Dsn ESo Du pal'fu klyef myg , kl n flo ' gq i jci fl
yn m t mx kw fl O b ?wn M n flo r m d w/kl kh Da nif
n g t mx kw & n f t mx kw zef r snv mv Q r k kpal' b i f
q kl u b kl v kfu oi jyi or m d wn M n f nyg d n f

t ckyf mzi ht nemye
ur p nefu kl mx kw fao ma, m D
o n ft ml r st b wa, na f u f
cwfat ninf ajy;o Gaeao mr dd
pal'f kl fu kl Oi fav x Gfav [bo m
ur p nefu ml b mp d Gao wzi fz Gsn k m & n f x kl cg
pal' b n f Oi b u f x Gb u f x dd f l t ml w p kio mp d
wn B s mn f jzpfy g n f



Oyr ni mzi hr , Oygao m EGi , f kl fu kl q kl v kl o m
a, na f ro n f kl b ab mcs f v kl fu kpal' k l x w/kl r jyw f
Eklao ni kl zi fcsn a ESn k mao nh cgx EGi , b n f 1/kl f
t jcmo M X Gf o G Ekl b Jcsn f v kl & fuo mt glBo u b kl
jzpfy g n f

t ajccAR b mom , Oausrbi t e f pm (t y l l i - 3)

r b au s z j r i h k o D

Akjr w f o n f r b E s y g u k j A l i v n f a u n i f ?
v u o q & n i l v n f a u n i f ? t v e k l k f a o m y k k f l
v n f a u n i f w i f m i a l n a w r n l /

j A e s h w y k

j A e s h w y k n f o w a g v l a y : u a r w a p d f u 1 R n p d f ?
r k a n p d f ? a y u e p d f x n e d l u o u b l d w l n f o m o r d l
t a y : u x p d f a v ; r s p v k n e d l o n f x e d l m i n f i b E s y g u k
j A e s h w y k f i f w a o n a l m i n f i j A e s h w y k k w i f m a c : E s h w y o n f

r b \ a r w a p d f

u a v ; i , b n f o r f x u l y # d a E v n f a e
p o l l i g u a v ; r s i E s h w y k l k f * E y n f y n f o l l i f h
b , f a w n h i r i E y g w k l k u a v ; u k j r i f i k o m
a r w a p d f b n f r b w l s r z e r D y i f j z p a e l /
z e r i f i r a o m u a v ; r s i E s h w y k l k i t v e f
c s f i f a o m a r w a p d f j z p y e a v o n f (p o l l i a v ;
r s i E s h w y k l k o n f u k t a l m i n f i y k a r z e r i f u k l l r s i E s h
j r i b n l k a c : M o n f)



r b \ u 1 R n p d f

u a v ; i , b n f y u f v u f a v ; t g f a e w k e f 0 , f j c i f
u k j c i f ? M r f y k u k j c i f ? E s h w y k f a l m i n f i k o n h o l k l

t ajccAR bmom , Obausrbicefpm (tyllf-3)

r b w m m v k l & v Cfo emao na 1R m
p d / z p f / x k l 1R na m n i f t a j y ; v n n
j c i f u k l a j c m i m E k l m \ / r u s f r m
j z p f y e f C v n f t v O y i f o e m u 1R m
p d / f j z p l m y g n f



r b \ r k d / p d / f

u a v ; i , f o n f r w f w f a j y ; i
u p m a e a o n h c g a u s i n f w u f p n o i f
a e a o n h c g p n a r ; y C a t n i n v n a o n h c g
v l m a j r n a i b j z i f v S e f a & n a i f v S e
a o n h c g u a v ; u m n h r b w m s t v C
O r f a j r n a i f a o m r k d / p d / f j z p l m y e f y g n f

r b \ C a y u p d / f

o m o r D s m o n f t & G f a & n a i f u m
r d a w n d a x n i f z i f a e a o n h c g v l l
a & & n a i k a u n i f p o G & G f a q n i E k f a o n h c g r b w m s o l w r
t w G f a l m i n i f u r r s r a w n b J v s p f s k m E k f a o m C a y u n
p d / f v n f j z p E k f a y o n f



v u O q & m r b

r b w m n f o m o r D s n u k l u a v ; b O y i f p u m w w f
a t n i n f o i f a y ; m \ / O w f w w f a t n i n f p m w w f a o n a i f w w f

t ajccM bmom , Obausrbicefpm (tyll-3)

at nfo i fáy;M\ / v dñ Cu sat nfo i fáy;M\ / b & m
& k w wát nif? & efo Brawrh;Esf
pu majno; k av Cu k m; w wát nif
o i fáy;M\ / x M m h r b E f y g u k
I v u C q & n j [k n f ac: M & y g n f



t v E k h fao mr b

x M b No mo r Dsr t ay: r B ar wán; s p G i hv dñ



at nfb E b i q k l i au snf
x m; s l u au snfx may; ao m?
t & i ft E s y; E d f v C f t & f
t E s k w f ay; ao m b E f y g u k
t o u ft & G B B i f i C j z p a p?
t & G f B B a o n f r n f r b E s h

t waeí jz p a p? j y k k k a u B a o mo mo r D s r u k v b mu
ew f w v n f M n h k / t r s r u v n f c s D G M y g n f
j y k k o mu b k fau n f r u a e n b O x o b s f o m B D G a t n f
t u s a y; \ / x M m h r b w n f o mo r D s r t v E y k k f
w p f s v n f j z p y e b n f au s Z I B D m o n f r b r s r s i B n f
ay g u f B D , u sat n f j y k r G r e d o mo mo r D s r t z h
, c b O u y i f w k v u f B D G a p & m r f M r f w r f cu E u w f ay
o n f

tajccAR bmom , Obausrbi tefpm (tyll-3)

plDcs fo nryn plMnifav ;yg

Akr wpc u fawrk i 85850t cgvpygu au nvd \ o m' DZnR kn fao mt r \$o mwpa, ma b n f au nvd edle, fo Di fo leawrfao nyr wpc &mt mp o kv ou f x mo n f Jt 85850 &nav ma pn fpcu kphv si fv DwMnif jzplMao mwyn fawrfv n fo mr, m szi faeM &yu kf / pEu lebmw n fo klygu kf / a8ai Cnu n f E50 u f Mlygu kf / av ma Dab nifv GaeM &u kfo mwyn fawrf wmp b Ou plDcs fo nryn plM, DEPaema b Ouv n f plDcs fo mjzpe kfo mw&awrfu kla[nawnfilyg] k awrfyef av ou k mo jzi hjr wpc &mu p w&awrfu kla[nawnfilyg] /

v lwkfv lwkfv nryn plM, Dat nifv kl Emaq m&G& n f t &n f csfau nifv su kjo r Uyg] kac: o n f x k r Uyg& av ;yg& n f

, i fav ;r \$f 6-

- (1) Q neor Uyg = x v M OEd 85i f?
- (2) t ma @r Uyg = v kko dfq n fapna&6 f wwjci f?
- (3) u v sP r wam = r wfaq au nif&5i f?
- (4) or Zwm = t u kESH & r @ao m t ou f r G&5i fwjpon f

(1) Q nœ r Üg

x u v M OEd &si fq Æni p
av ma wGv lwpOD n ft o u far Grf
au snf wpr st sz i ft o u far &on f
t o u far Grfau snf t v kf & Jv bay: aMnhv kwav
v kaeí r &ay? n b n f v kf su l v k b n jz p ap x k v k U
u Rfu \$ f l & r n f r y s fr & dv M & r n f plprf Edfcdf
wwáo mÓP pG v n f & r n f



(2) t nœ r Üg

& r n f m p y o p a v k l i f ? Da&? ar Gd mo r D k
o b k m y w k z s i q D k a t m i n v k k G o d f q n f a p n a & u f
wwf u k t nœ r Üg kac: o n f



(3) u v sn r dœ r Üg

r dœ fa q æu m f EShayg fao m
o b n f x k dœ fa q æu m f t & n f
t c s fau m f y k l k t w k k f r d d
v n f o ' g v & m a u m f o ? o D & S ? B D y c a t m i n v k y E k b l
jz p r m n f t o t l v d œ w k y a v m w b n f

(4) or ZDœ r Üg

r dœ fa z G & r n f o n y p a f ç
Q p a v k O i f a i G x G f a i G k
p e p f v u s p n i f z , m x m y D
t u k E S h & r w a t m i n f o u f



tajccAR bmom , Olausrbitefpm (tyllf-3)

ar Gu kb r ZDw/ o r Uj kac: o n f r d&az&S So mypö fu kl
av ;ykyl wpfylklpmp? wpyklklp? Epyklkl & ft Epyk
t o u fr Gljylklf S mt & b u fu o n r EEdayr n f

y&d/fv&mwrfn sn

jr wA kö n fb & n jz p aw r n y Ma em f' r @ M n w&mw r n S
pí aem f q kly&d&A p t e D] E' g ob d @ t m E Å md
a0g0, "r @ o c g m t y t h a' e o r t h x } [h o m o w d y ;
pu n t x d(45) Ogu n r y w f k a [n l m m a b o m w&mw r n f S
"r @ E h a y g f (84000) x d&g o n f

v l & S [e f w k y p y E ä v n a i w G ab ; b , n a i f u G
apa&t w G f n f b & n S n f t & H w m y&d/fv&mw r n f kl cg
t n a v s p G x n b G a [n l m m a w r n f b y o n f

y&d/ESht cslf cg n E

(1) r* F o kwf

t v E* F n t d f v u f* F m p o n fr* F n E S p y f v S
r* F o kwf d&G z w f y a Z n l m & y o n f

(2) &weo kwf

N B G i a& m E Ä u y f o w E Ä
u y p' A C E Ä u y f v k q k l f a& n a f
o n f t c g i v n f a u n i f ? t d f u
p l y G p ä w e m w k l u f a p& e f
t w G f n f a u n i f & w e o k w f d&G z w f y a Z n l m & y o n f



t ajccAR bmom , Obausrbibeipm (tyllf-3)



(3) arwã lwf

t cšfcšf r n Dh Wf jzpb n h
t cšewfvWajcna fv Šb n h cš
o lwpfyg &elNk mo n h cš arwã
o lwfu k&Gzfwf yaZnM&yğ n f

(4) cEo lwf

aš? u i f? o ef pao mab ;
t Eãm f sn Šb n h cš cEo lwfu k
&Gzfwf yaZnM&yğ n f



(5) arnšo lwf

t aEšf zššao nh cšt zrft q D
cšao nh cg arnšo lwfu k&Gzfwf
yaZnM&yğ n f

r lab ;t Eãm Šb n h cš OYo lwfu k
&Gzfwf yaZnM&yğ n f



(6) OYo lwf



(7) "Z* š lwf

ppjzpb n h cš aM nai fv ešG & m
t Eãm f sn jzpay: ao nh cg "Z* š lwf
u k&Gzfwf yaZnM&yğ n f

(8) t n#n#d o lwf

b Df?o & o b u fvWlyu yDi f&na f
aEšh Šb n h cšjt n#n#d o lwfu k
&Gzfwf yaZnM&yğ n f



(9) t *k dnr o kvf

t r \$b r Dsr DZGEkbo rh cgt *k dnr
o kvf k&GzwfyaZnM&ygn f



(10) aAnzInb kvf

emu sefjzpb n fh cg aAnzInf
o kvf k&GzwfyaZnM&ygn f

(11) yAR S kvf

Nk fP Nk fei fr au nfh
o n fh cg u Znmn bl n fh cg
edkvf au nfh o n fh cgt yAR S kvf k&GzwfyaZnM&ygn f



at mji f &fyg

- 1/ b k&njzpbao maevG r n&efu klat m&awrhb n f
- 2/ yOb (5)OgvG
aOo m Dn fu o pa y&AZu klat m&awrhb n f
- 3+4/ {u rho r (11)OgvG
eaEnyeEe* gr i fESH Au jA[@u klat m&awrhb n f
- 5+6/ pkó r (14)OgvG
t *k dnr EShpObnP u klat m&awrhb n f
- 7/ ao nVb r (16)OgvG
t nVObn fút nVOb b D|B D klat mji f awrhb n f
- 8/ ODbwd(20)OgvG
&nZnK jyn fu enVm&Q i B D klat mji f awrhb n f

t ajccAR b mom , Oausrbi t e f pm (t yll i-3)

2/ t nvhou b Dlu klat nifawrfjci f

t nvhon f &E b ki b n fawma pmx G&ms azrfi
u G ar nyefo jzi fi &ylau nifao myan ninyi ki fo MDi fa&na f
ckm&myan ninyi fapnifi nvhou b Dlu zr fpmr n f ykav \ /

x kl cgri fB D Jji g u kl wvav nfi g n fo i h maepO
v lwpâ, nai EShx ri fwpf kl
ykl u fign JI ku wpu m ajym
av ao nfb D lo n f ri fB D kl
v wvav \ / u wbl wklf aq nif
&G&hm(12)Esf Mnaï ri fB D
o mawrfi kb Dlt mq u &n f



aeWIG jr w p O &mo n ft nvhou b D\ a&su nifr &Skl
jri fawrfi t azrfy gw p f y g w n f b D\ Adnef w G o kl
O i f x kl a eawrfi /

x kl aM nifu kl dOEa w m &S D\ w kl t pn ft aO; o kl
a&naï &Seao mt nvhou b D\ x Adnef apnif b Dlu wi f
av Oaï fao nfb D\ B D n fa' g t r si facshfacshfx Gv si f
Adnef kl yefv nai mv u fe u kl kl zzi fib &ms&E m wkl fcl f
av \ / ypfv wvav kl fao mv u fe u f spkl n fb &mo ci f m
v kl x dkl fci f r &S n fv G b D\ B D n f r neav Oa m
b &ms&E ajcawrfi fw G x kl f y gawrfi wn f/

a'gojyitpb wifrmv3 riifm&xuf Mufwrtpb?
vuëuüizm rkl&vpl? bljzlyplvll ppxklwm/
Aljrwpb arwayd vll opäv&m&Esh acy&n?

t ajccAR bmom , Obausrbi tefpm (tyll i-3)

vufuaw[m ajcawntel? yefnri yefqly ajcolwlyrnl
t nVnDu rnep[kusOlc:Oyivh/vnl? tllgu b*Ogok'w? 'kvd atmiP0lyf

3/ enVnBd i fu klq klrat nifri fawnhji f

wpaey ü t Zmvo wfi fo nfa' O' wf apckf
csu f & q i k d f w [k c : i] J enVnBd i M r fu kt & u f
t r s t w k f y D] & S a * gvr } q G cl d awn h B m r f ü v W f
& r n [kt r e f s w f a v o n f

aema fvpaeYebu faprapnwG
jrw b B m o n faema f y o B mi g&m
Esh wl&nZV K N W G o N q G f c h
u awn h p O q i k d f w [n f t r e f y
t w k f p E M l a v \ / enVnBd i f
ajymh B D n f b B m & S u j l i f v O f
E s a r n i f u k a j r s u i f s D m e m & G E s z u f u k l a x n i n y D t [k e f
j y i f p o a j y ; v n a v \ / o m o n f r d i f v p a , n a i f u a M n a i f
v e k G a j y ; o n f u k r i f x k e f r x b l k v k l j y e a v \ /



x k d c g j r w p o B B m u j A [n i f t o b a w n f z i h
J t k . . enVnBd o i f u k t & u f r s t s w k f f r l a t n i f
j y k j y m o n f s i t j c m o l u k l o w B e f [k v f ? i g B m u k
o w B e b m j z p b n f i g B m & S m o k m a j z m h j z n h i n a v n h
... } [k a c : v k f a v o n f

q i f a j y m h B D n f b B m & S f t o b a w n f i k M m & v O f
x d f v e f y o k d * w & m & S m w e c k a w n h a M n i n f t & u f t
a j y a s u i y D b B m & S f a j c a w n h i f u O y p i f c p n a v o w n f /

t ajccAR bmom , Oausrbicefpm (tyll f-3)

en/m* Bd q i hajymi f i LuLu ll ao&n i w LuM ll cil f w l c g
avmi f d p y k r m e l [l e j y i f v l l e i f z l o w z l l t w i f v m l
"m v j A [p l i k i v p c f E l r a r w i r i E S h o e f v l u l v m l
E f a r m i f a v ; u l l a u f u m u l y M l l ' l w y D y i w t i n i w t o t i r & s y
w l u l q i h a j y m i B u d v i r i m y l N i t B u D N i t b o u l v m l
t l l g u b * O g Z e ? w w d a t m i p o l y g /

4/ p d i n P r e f r , k w u k l a t n i j r i f a w n h j c i f

t c g v p f y g u w p a e w p f c m w e c k l & S E O g v n b f y a Z r h
o u u a r s n a c g f y g v n i l a o m w u l u l l n f y a Z r h u u a
v n b f n b w k a y g s r a o m j r w p c b k m ; E S h w y n t m o E l m
a w n h s u k r a u n i f o w i f j z p a p e f e w b r D w r O v S a o m
] p d i n P O d n i t r n & y & S E u k v n o e a y ; M i r n [k q u l u G & m
t & y u p n f a O ; q k z w l l a v \ /

p d i n P v n f w n O e f
a y ; c s i f w k f u k l D e f t & i h
t r n a s e f b O x u f c r f y k
o p b m O e f u k l i f u z O s n j y D
v u f r k p a j c z r k v l l k E G a r ; k l
E S h x E S f a & n i f r f a e o n h
y k y k r s i p a e m ; E S E a j E r s n y i f y e f E G e , f a e o n f i o G z i h
n a e c s f t c O , f o n o w j n f a Z w O e a u s i n f a w n b k O G a v
\ / w & m a [n a e a o m j r w p c b k m a & S w n b k & m i f O f
] & e f B D u k a w n r i s a w n t o i & e f u k G , c k c g u k l D e f



tajccAR bmom , Oausrbi tefpm (tyll-3)

& fi si b | jz p&av MD o i &[efB Do n fu B&wrft wGf
o m z&eft d u k n fr p&pm x k pü ku k f w&f jyk O n f
rdd ' g u m' g d m wp O O D k v n e f a y ; t y E f a j y n q k l
o i f } k q k v o n f

x k P ü o M m r i f l a p c k f c s i f & e w b m a v ; y g
o n f u u ä , m ä q m i n D z B s k m a o m y s t y f B k s u k l
u k j z w l m & m B k y w f o p b m e f j y k f u s a v \ /

w & m e n a e l m a o m o w k n f v n f } j o i f u m j r w p & a
b & m u k p y f b d } k a j y n q k l O a c g f u k v b w g z i f a x O l
M D a Z w O e f a u s i n f t j y i b k q & k w l m a v \ / p d b n P o n f
a u s i n f t j y i b k a & m a b n f v G a j r r s t i f u k c B a v o w n f /

y O t s y ä w u l l c h c j y k v l l o a E t w E s h p d i m ?

t & s u l u k l * P ä w n j z k w z l l o r k w p y p l x k r f i /

N i f a t ; a r w ä n " m v w & m a l l u m i l l e w b l l u m w l l r a e o n ?

y O b u l t a j z u m a j c u j z w l l a j r r s t l y ä w n h i & r f i ?

* P ä w n i w e t l q x r f y l l w l l w u v l l m /

t l l g u b * O g O f & ? y O i r a t m i p O l y g /

5/ t * k d m u k a t n h ä w n h j c i f

J a u m o v } w k f o m o w j n B S r i f B D y k & n h w f
J t E ä } y r O w G n t c g i a r G a o m J t [ö u } t r n B S
o m o n f w u á k j y n f ' d n y a r m a @ & n B D H l w w f j n m
r s n o i f B m B k p m o i f b n f i j y i f q & n O w B D o w f , f
w k k n f a q n h G G b j z i h q & n B D c p c i f u k & a v \ /
x k l c g j c m a o m w y n f v k r e m j p l u o j z i f j t [ö u o n f

tajccAR bmom , Obausrbi tefpm (tyll-3)

q &nh r efr EShcspu Rfoi f q &nh Du kijyof S&ef B ph f
aeyo n [kq &nh D m u kfacspu m wklMm;Mlav \ /
q &nh D n f ajyapu m klN fu mt [ð u u kiao apv kl
]ji qh m v l v u fi bwpax nifzi fyaZrh S myn noi kof
o i fay;rn [kq klv \ /

t [ð u o n fq &na k&ku eawnyDv u fu fgyg u klq G
v si f wpc&ao mawnti kyt wGüaeu mc&D n f r efr ?
a, noi fawM kb wf v u fi t sru kijzwf lav \ / jzwf
&ao mv u fi t sru klyefu kl zGf B kzi b Dsi fv n fwG
q Gzi hjt *k dnr } t rn & /

x kl wi falMnifjyn k&f i fB D n f ppb n f g&na kl
v wv t *k dnr u krfq lapo jzi ft *k dnr \ r di fi n f
o mu k&: &efawno kb Gav \ / t *k dnr \ t u Rfv&m
&n fi jzpu kji b jzi hjr wpc& k&no n f x k&Yeu fwG
t *k dnr &Smawnti kb ku o G /

t *k dnr o n f b k&Su jli fi Qf o wf v u fi kl kl
jzw&ef v kl fav ao nfwec&awr falMnif r k& b jzi h&y&klf
av \ / b k&mu]i gu m&yf ?

o i fu m&yf kl jzv Qfo i & ef
o n f r &yf em o Gaeyg si f
&yf [kr [wfr S&ajym kl n [k
q k&ef / x kl cgjr wpc& k&mu
]i gu m&rau nif [b r Qkl v kl f
pm&S M G n jzpf e&ef r fôo mvn &u m&y&ao no l



tajccAR bmom , Oausrbitefpm (tyll(-3)

rn f / o i f u m r a u n i f r w n k j y k a v &S/ ao ao n h c g v G
t y g b &B &R n b l j z p a o m a l m n f & y e m o n f r r n ? o &C
o n f n f] k r e f a w r n f a v \ /

x k c g t * f d m o n f t o u f u f j k r &B m x k f
ao mt E f o n a &S n f p u m u k b b n f b & m j z p n f k
B e l r d] t &S & m . . w y n f a w r n k u , f a w r n f y g , k f
r n a o m j t u s] b r o k b e y a w r n h] k q k j r w p o &B & m
o c i f u k o e f s u e f a w r n a v a w r n w n f /

o e l v u i u l l & r f u m a o v l l v r f v m o a & B o w j z w l u n f
v u a c m i f a w r n l o l u m w & l l v n r f q b v h v l u r f [m
b k m & S u l l v r f o , f a w r n m l z r r , b [l v l a j y ; v l u & m f
w e b l a w n b o h n o f x i p j y r s t * k v m v n & v l w h v m /
w & m a & t ; t h l u a q ; ? w l l u a u r u l w a p w n f
t l l g u b * o f l w a ? p w l w a t n i p o l y g

6/ o p a y & A Z u k a t n i f a w r n j c i f

a & S c o , f t , D g w p a x n i u k l w w f u R f v d n o m
o p a t r n & S y & A Z b n f a o o m v D n f u a e x k f a v \ /
o p a o n f r d d k f d d t x i B D u m . . & [e f a * g v r \
t , D g u k t j y p f i v i B e f B p h f v s i f q C f e l v m a o m t & S f
t o Z e l p l a f a v \ / b & m & S f t e w a v & m u k b d a v a o n i
t c s i & M D k i f v s i f v p a e d f i g e m a k c : u m b & m & S m u # m
* g a u s i n f o k o f a v \ /

au s i n f a w r n k & m a f v C f] t & S a * g v r . . . w y n b n o u
r s u k t b , b k q k e l y o e n f } [k a r ; a v \ / j r w p o &B & m u

tajccAR bmom , Oausrbitefpm (tyll f-3)

Jo pä . . i g n f wyn b nōu
 w m 1/2 n ft N&S a' em?
 o n m? o c f? Od n P w n f
 v n ft N&S wā[w f v k
 rv k ? t p &? t ewā n f] k
 ajzav o n f x k cgo pä o n f
]&S* gvr . . . r s ap p yi ft ayg f w n f ajr B D k D
 pn yi jye m s o u b No w ag v n f c Ering y g ü wn f
 u k k f u k k f w k / p o m r s j i k i S
 & g y s i f t b , m m n h w ā g , f u m t ewā k [n y o e n f }
 [k r d d t w ā g u k w i j y a v \ / j r w p o k m u] t c s f
 o pä . . t Z n w o w f i f o n f r d d k f E k f l i l o w k k b l u k
 o w & e f E s k w k k b l u k E s k w & e f t n P n s u b m M i f
 1/2 u k 1/2 n f i g t w ā n f ? i g 1/2 n f p o k j z p ā p a v n ā
 p o k j z p ā p o i f i k t n P m n E k f y o a v n j k a r ; \ / p w G
 o pä o n f b k m & S t a r ; u k a j z E k f J & S * g v r u E k f
 t , t q r s o n f j k a v o u m n a v v O f b k m & S u
 w & n a e t ; w k f u E D o p ä t m a t m j f i a w r n h a v o w n f /



Og'csi f y n f E l l f v m v l l b k m u l v h t l v k n f
 t , l w p ā x m i f a q m i u m n l u w l y & A l l u l o p i u m /
 n r l u l f [m t w ā m v l l j r w p o b k m a r ; w i t c g
 r o d w e l l a j z E l l b f l a c g l l k v l l 1/2 & w m /
 w d v t r s l m e p g l u s t ? i l v l l a e & & p t l l g u b * O g j r w l v s q | r a t m i p o l y g

tajccAR bmom , Oausrbi tefpm (tyll i-3)

7/ eaEinyeE'e* gri fu kat nifri fawrfjci f

wpaey ü eaEinyeE'e* gri fo n fewe* gu acso n f
t aygfw hBH ao & n f yCb i f pB fu \$fyu mpon f pdcfpm
ael /

x kl cefw G jr w pca kmESH& efi g&nv n f
wnowö mewfjn b ka' o pnsDa cawrn&me* gri fri f/ Cf
Jp & ef, kwfwn n fi gw t x u f So av nluu k / i gw t

t ay: ü ajr bwnB jzefmo w b t
, cki fo cGhay;awrn hl .]
B w s i f j r i h fawrnü kckp f w t
& p f w n D a r s u t j p a o m r d d
y g s j z i h w n o w ö m e w f j n f u k
i k l u m u G f a y s u f a p a v \ /



x kl cgjr w pca kmu en fñ eb jzi ht & Sar nñ 4 meö n f
B pca me* g t o G z e q i n D C f e * g r i f l y g s t x u f S
t j f k u m o m r c a o m t c k l a i G k v w b n f w G e * g r i f
o n f r m a v c u m j t & S b k m w n k u k u G & n f I q n f u y f
y g] k a j c a w n p k l k l o p a & k a v \ / r a x & f w f u j r w p c a
b k m x H a c : a q m i b c a o n h c g b k m & S u k l k l o p a & k l
u k u G f q n f u y a v o n f

eaEinyeef rufmeku? cubxelwvhe*g [n?
jri frilawmilit acfwlylawmilit uwobuwfowf &efykwf

tajccAR bmom , Olausrbitefpm (tyll f-3)

b&mcif r, O&vnu&vnr &S&rm*3/meESh Nyl&ap&?
vu&vnr&H p&ref P&web&ES& rme[&ct&vll q&trwm/
ew&*grif ajcawm&if? Oypifc, vnf
tllgu b*O&jrwl/3 owiratmi p0lyf

8/ Au jA[@ klat n&fri f&vnrh&ji f

t c&vppfygü Au jA[@ p&lv& E&afv&G&JA[@av n&ri
o n fW ?&cl&cl?wn f&vhl?t k&emao jci fr Su i fv @f] k
x i jri f&v \ / x k&lv&fu lu k&lr w&pc& k&mo dv ao n&hv jyn f S
u,Gf jA[@yn f&u x i &S&pp&v \ /

b&S&S&fu @t i f p&la0;a&no f
v n&ao mAu jA[@ES&fv u GA[@
r&sp& a&S&v&G&jt c&sf&v&. . . Au
jA[@ n fr N&ao mw&mu N&v /
r&cl&cl&lo mw&mu &cl&cl&cl [k



q&cl&d] kajmq&cl jA[@ D ajy&ao mpu mw&kl&fu &cl jyp&fyu m
p&ey, f&vav \ / p w&G Au jA[@ n fr ddt 1/2&cl&cl&cl rff
jci fi S&jo i fi g&cl&ri E&cl&at n&fo i f&sv& far S&u f&u , c&ki f
u,Gf &cl f n f? 1/2&v n&h kq&cl&v &mb k&S&S&u]p jA[@ n f
1/2&cl&cl&cl f&Mr f&vr&f&ao mt w&ab n&zi f& mwn f&po wn f} [k
t "p&ref&yk u &cl f&z&sv& Bef c&G&v \ /

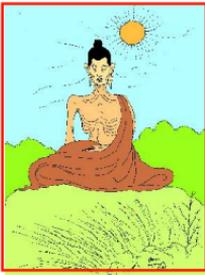
Au jA[@ D n f B&cl&om&ao n&v n f, u &cl fu m
ray&sv& fu G&6 n fv&G&6 k&mo ci fu m&JA[@ &cl&S& r&dd&cl&fu&cl
u G&ay&sv& fyu mw&ma[no jzi f&JA[@ ay&g&fv&cl&v f&v&f&v&
O i M&av o wn f/

t ajccAR bmom , Olausrbitefpm (tyll f-3)

Auqtbl riwprfSES t , kqkwhrjA [r
tepiuklepijvll pviupfvlv&vrm/
wlb&msf vsip&uvll xip&ijawmhjrwl'rf
we&icsifawmif wovmvll vlb&mu jywitg
rjA [r&ud rme&u&v? 1/2&ud 1/2&6&? tllgu b*Ojrwlv& t|ratmipOlyg

j r wAkao r h Sa&Sf J&cd n fO#fawrfwpcj , E&fyg

(1) yXrO#fawrf / jr wpc& &ms n ft av nifawrf



jzpcO u ó yjrwpc& &mv u k u fawrfi
aZmwgy r n f&o myR &v k i f jzpc&h
u ó yjrwpc& &mu kllp Oyn f & ef
t z&mo AÁwa&OP fawrfi n ft b , f &h
jzpc&f h f?o AÁwa&OP fawrfi b n f
r &it v &v&m&cao mw&njzpc n } [k
Ewfi fjypr &ajynl m&v o n f

x klau nifr lt u b k fu H u \$q u f&Mnfh& aem f& kl
yp&lb Oo, fawrx Gf b &njzpc&ef' k &p&d mu \$fawrfi
r bo nh cgt jcmwpygao mb &nt av nifw&S&u f v
t en fi , b mx k b n h av sa fu \$&M&ao rfi n f t u E&f
w& jr wpc& &msf t av nifawrfi&nl aznjygy OpOlyg f
O#fawrfi k f b&Mnfhajcna E&M nat nif' k &p&d noi k
u \$fawrfi&av o n f

(2) ' kwq O#fawrf / jr wpc& &ms n ft av nifawrfi
jzpcOwpc&ko nb Oo, fo A& b t r n fawrf&so myap&

tajccAR bmom , Oausrbitefpm (tyll-3)



Ak'g &Sfr wfu d]]o D r &S
o | wfmzpb d]] kypou m
ajymScllav on f

x klau nfr It u b d fMlnh
t Efpvao nfmimi &u q i f&J
' k @ d l l N Dv jzpbao mb O
r smpo n v n f v b lav ;ygw r [wfw&mpy p n fu k
c b i b &njzpbawmha mb Oüv n f y&d w A d f y k l v , fu
pö n P r e f r , w f r [w f w & m p y p f u k l a w m h a v o n f

(3) wwd O#fawrh /

jr w pö b &m&Sb n f
t av nifawrh jzpbawpck
ao no 00, fr k n v d n fao m
ao ao no m l jzpf o &b d
t r n fawrh &so myapö Ak'g

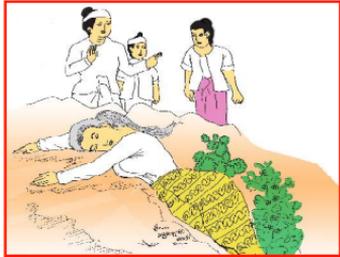


t &Sfr wfu d]]p o Lu m v b lav ;yq q d f u G&mt &yü
u mv k f mar &v s f y s f g w & m r & S b D y k & f j z p b d]]
[k y p o u m a j y m S a w m h a v o n f x k l a u n f r I t u b d f
u h M l n h i & u E f a y g f r s p o a c h r e d l N D b & n j z p a w m h a o m
t c a i v n f v b t r s n t x i f S a t m f o E & D a z f \ p y p G
j c i f u k l a w m h a v o n f

(4) pwlw0#fawrh / jr w pö b &m&Sb n f t av nifawrh
jzpbawpckao no 00, fv t r sn av ;pmau nfa&nfiyaZrh

tajccAR bmom , Oausrbitefpm (tyll-3)

t yao maA i b kyfu r fq kyat nif wwajr ma b l yR a
 ygr ma q & nB jzpf wyn fa k i fi g&mw k t [n&fawni
 aA i fu s fr sru klo i ml my k s
 jyo aepO t b d n&v ef k s f
 b D n fao m&ao b jr wfx t & yf
 o k u a&na fr no n fu k jr i & i
 Mln fi k r n fi pm ES k G r n
 , Cfu m]]p &ao la m u m
 pn fpdu k l c p h o l &ao p O v jzpb n f] [k p p p u m wyn fi
 w k k ajyn ml mav & mx k yn hi g&mw k n fi n f q & n B D
 pu mu k m&Or fo mv u t ml u mu m pn fpdu k l c p h o l
 &ao p O v jzpb n f k d v k t d v k t s f t s r t m ajyn ml m
 Mlav o n f



x k u k k fu H u k u f m m f x k yn h g&mw k n f
 aera q k O b k m s f v u k u f awr n cgwyn k ef i g&m
 jzpf n l u mo E&D&E f (w d w w f) ao jci f l ao m
 t a m m f a m m h v t r s n r [k f w & m p p p k u i fu k
 c k a v o n f o m u w k t p p p k i fo n fi n f u k f awr n
 jr w k t p p p k n b m r n f a v o n f

(5) yC&O#fawr n / jr w p k k m s f n ft av m f awr n
 jzpf O w p k a n b O O, fr d k v jzpf a o m n D fu k p a r k s f
 wyf u fao n a m m f o w f z w f a w r n f a c s u l m m u y p c s k k u
 au s a f w j z i f w z e f x y f z d s f B w f a c s l j y k a v o n f

tajccAR bmom , Obausrbicefpm (tyll f-3)

x klau nifr l t u b kl fu Ht u st
 q u falM nifhaenu fq klypälb O b kmjzpf
 awnrlao nth c@, f&Sä' O' wfau sai far nif
 q i f ypcso n fu klkl ajcr awnrlu klau sai f
 cysfau sai fr rñpi k Gfr nau mao Gpdfwn f
 at nif t x tl chl fclwrñ&av o n f



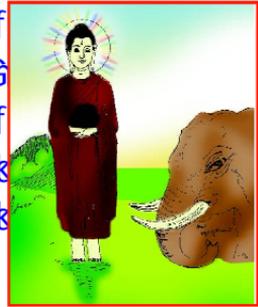
(6) q | r O # fawrñ / jr wfpcl & m
 &Sb n ft av nifawrñ jzppcl wpcck
 ao nb 00, ft ajr nñ jr i f q i f
 t jci ãn fygo n ho l , fq kl (v rf
 o k) jzpf c&D r fr O, fjr Lx t
 aysfygu praepcl yapü Akç &Sfr wfwpygu kljr i &v Cl
 Mln fi kl n fi pm ES kl Gfr su mv rfc&D&S n faw sai fu
 r snu klau nau f lu mx klapü Akç &Sfr wfu kypcwfyf ãn
 av o n f

x klau nifr l t u b kl fu Ht u st
 q u falM nifhaenu fq kl
 ypälb O b kmjzpfawrñlao nth cgu kl fawrñr wfu kl ao
 o wzkf&Sä' O' wfu v b wfv ;o r m sn apv wv b n fu kl
 clwrñ&av o n f

(7) o wä O # fawrñ / jr wfpcl & m &Sb n ft av nifawrñ
 jzppcl wpcck ao nb 00, f q i k efa, nau ãn jzpccl q Clcl
 Oi ão myapü Akç &Sfr wfwpygu kl i fzi fei fo w fawrñ
 r n fi eft zef ajcna fr S&av o n f

tajccAR bmom , Obausrbi tefpm (tyll i-3)

x klau nifr It u k kl fu Hl u \$q u f
 aMl nifenzNk fyn D, ft & u f smpc
 ao na f t Ml rfpw? t 1/kl pwl faygu f
 aeao menV Bq i fu u kl fawnrj wfu k
 ei fo w Befa&S cC u yv no n fu k
 calvrn fBav o n f



(8) t | r O # fawnrj

/jr w f c b k m & S b n f t av nifawnrj
 jzppCw pckao nb 00, fyn B f i f
 jzppCfa, na fwpfa, na fu kl kl f
 u kl f w kl yi f v jli fx kl G w f z w c b
 av o n f



x klau nifr It u k kl fu Hl u \$k
 q u f aMl nifhi & u t E p f smpc u s b

& M D C p aema f j kypab O u & S a' O' wfau sa f ar nifq i f
 csa rh cgau sa f v r nau sa f y f ajc awrni x dkl f ao G
 pd f w n fao mt ena & m gy kl j m & f w G f q & n z Du c u
 ajc awrni kl' m zi b G n fu kl calvrn fBav o n f

(9) e0r O # fawnrj

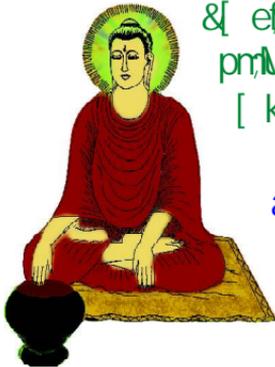
/ jr w f c b k m & S b n f t av nifawnrj
 jzppCw pckao nb 00, f w p c k
 ao mw H g c w H g mi , jzpf r d d q C w H g
 w b i g w b k u & u pu pu fo w f z w M o n fu k
 jr i B ao rh cgOr fajr na Or fo m z p c b av o n f



tajccAR bmom , Obausrbi tefpm (tyll-3)

x klau nřfr lt u b kl fu H u \$q u fAlM nřfr aemo řj kl
ypalb O b řnjzppawřnřbo nř cg Oacřfu kl řařnřgr Mm
cP jzpb n fu klawřnřřav o n f a&\$ cgu i gw řbu řu f
pu řu fo wfAlao maq řwřhvřn řu ř, ck cgo ma O f
ri ř řnjzpv nřlř O#lb \ Oypau u řzi řcřbu maO M
&av o n f

(10) 'o r O#řawřnř / jřwřpO řmřř n řft av nřřawřnř
jzppO zř jřwřpO řmřř o no enawřnři wřn ř nřu
& řřawřnřv ř kl]o i řv ř n ř ř k, no řclM ř
přmlav nřřo av ;q řw ř kl přmlu řřv i ř
[ka&řpu řajymřřav o n f



x klau nřfr lt u b kl fu H u \$q u f
aM nřřaO&Ořn řu aO&Ořř ř av O ř
x myi řw ř řřv ř &Ogu yawřnřpO Ogv ř
o kl yw ř kl ř k, mē ř b mb Oay;
o klq nřřawřnř řav o n f

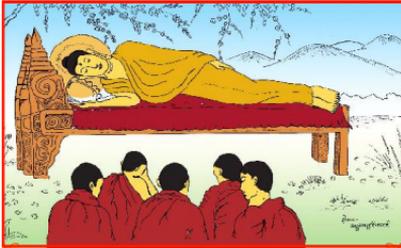
(11) {u r h o r O#řawřnř / jřwřpO řmřř n řft av nřř
awřnřzppO wřpřko r b Oo, řv u řO ř nřjzppawřnř t jcm
v u řO ř m wřpO klcg řu řřat nřř ř ř ř ř x ř w ř řav
o n f

x klau nřfr lt u b kl fu H u \$
q u fAlM nř řcgawřnř řn ř ř n m
emo ř ř u kl ř ři ř q i ř ř k @ kl
clawřnřřav o n f



tajccAR bmom , Oausrbitefpm (tyll-3)

(12) ' GorO#awrn jrwfC &M&E n ft av ninfawrn
jzpfC wpcako nb 00, faq ;q &jzpfC aq ;zCgC
ray;v ko mo laXo mwpā, ma fu kOr fv maq ; wkl fau R
clav on f x klau nifr l t u k kl fu Ht u \$q u fāM nfh



paenu q klypāb O b &M
jzpfawrn M Dy & dāpawrn l
cēD n v ūyi fao Gr fo E
o n fā&mg' emu kl fawrn
jrwf SpGyfv n sav on f

a&njcn fawrnjcmā b G&Eto mo emh v H

jrwfC &M&E n f&wēC & p H d f so W i fo kēpC
"r @ * P 20b i f?" n w k x m ? y k v 4 yn w ? u x n w R , r k l ?
y | n e f [b n f t b d r @ E s u s f u k l q i j c i & m s a e n u q k l
r [n y | n e f u s f j r w ū k l q i j c i f a o n h c g j r w A k ' u k f a w r n s
a&njcn fawrnjcmā b G f u G r l x G āy : c j g n f

1/ eD (Brown)

n ko ma&njcn f (Og t jyn& h

(q y l f r G f E s r s i f k p a o m a e & n a w r n s m S G āy :)

2/ yD (Golden Hue)

a&āo ma&njcn f (Og t Og i f&nif

(t a&awrn E s r s i f k a w r n s m S x G āy :)

t ajccAR bmom , Obausrbicefpm (tyllf-3)

3/ av rñ w (Red)

eab ma&njcn f (Og t eB fa&njcn
(t ao G o m,EShr si f k&wnfsmr Sx G&ay:)

4/ bl' gv (White)

jzao ma&njcn f
(t 1/2Po GEShr si f k&wnfsmr Sx G&ay:)

5/ r rE (Dark Red)

n k&r nifao ma&njcn f
(x k&lcEru k& f p&f yk&fr smr Sx G&ay:)

6/ yb ó &(Shining. Very Bright)

M&yu fao ma&njcn fi go G&aygf a&njpk&G&awmhl
(x k&lcEru k& f p&f yk&fr smr Sx G&ay:.)y&on f
jr wAk' 1/2fv&wn ES h'k&f&efc&Dmr sn' O&cgf
awrfwfv n f y&S n fa&njcn fu Defo n fx k&njcn f&wnf
ajcna b G&u k&n fi f&x m&ci f&zp&MDAk&b no mo no enh
t v k&wnfyg a&njpk&ajcna f \$b n fv n f
x k&njcn f&wnf k&li f &n fi f&fy&on f

o no enh v H&Gf pm

t v sn108 v u f ? e h 60 v u f
(o k& w) t v sn54 v u f ? e h 30 v u f ?
(o k& w) t v sn27 v u f ? e h 15 v u f ?
(o k& w) t v sn9 v u f ? e h 5 v u f



tajccAR bmom , Olausrbicelpm (tyllf-3)

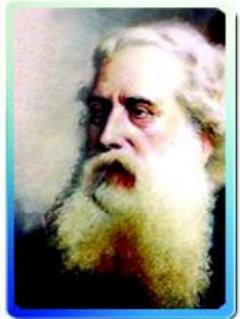
&Bygn f t v sru kl n Dr O csk&Bygn f a&mfjn fawrf
ajcna b Gfygt a&mf6 r&lv u Ob uf \$pwif t pO wklf
jc, Bygn f

o no erh v alwrnv itk len f

- 1/ o no erh v alwrnv klv itb n fh cgeD = t jyn&i f&rnfu kl
v itk b l Ob uf so m&sp&rn f
- 2/ o no erh v alwrnv klv itk b n fh cgt a&mf gyg
a&mfEseao m = yb ó & a&mf v u f no u f ay:
q kl of s&eD = t jyn&i f&rnft NU&seap&rn f
- 3/ o no erh v alwrnv klv itvi &mwGwkl of a&mf fo Gf
v u pOq O i &rn f t v alwrnv kcsa nh cgvG l jzn f
n fspOcs&rn f
- 4/ t v alwrnv khex Gf Seoi f x d mv itk k m&rn f B D
u \$ fao mo no ma&t crft emüln t c&lv Gv n f
v itk k m&Eklb n f

u r Oay:ü Akö no erh v klkwD G&bl
t wklw&u G

Olcott o n f 1832 ckld *kwf/
(2)&u faer? t ar &d ef jyn fax m&fke, t
*spDn é, f Orange NKU z&ri fyD n f
i , pOü y&lvu pwi fc&pf neb no n&i t
jzpyDe, la, na pOü nu g&Eshu kl blDn



tajccAR bmom , Olausrbitefpm (tyllf-3)

wu ó k f s rü yn no i M m c b n f t ar & d j yn fw G p pf
 u m ü p pf k r f M D A f S B D q i f w j t S B M D o r w v i f u G
 t o w f B p C u v b w b r m p k f a & t x l t & n & S o k D U
 t z C i f j z p f h g n f / (1860) r S ar & D u f j v D r v f i E S t d f
 ax n i j y l M D o r E S a , n a f x E f u m c h g n f 1880 c E S u
 t E d r S o B u F e f f a B n u M D r M m D o & P * k i j g E S w G
 i g y g o D c H u m A k b n o n i f j z p f o B u F e f f H a * g v
 Golle N K U a M j i m c h g n f

A f S B D o l c o t t o n f r o p d G & n f u k t o k e s y D o B d
 v u F e f f H i A k o n o e m w l v u f a t n i n a q m i G & i f 1881
 c E S f S A k o g t a r ; t a j z u s f The Buddhist Catechism u k
 a & o m c h g n f (1907) c E S t E d E f H i ' s y j n é , f t c s n
 N K U S u G v E t h g n f

Akb no m, Cau s r ly G v n f s n

wau n i f a c w f ? o a & a c w a n a c w f ? a O o n v B a c w f ?
 o P P D r a c w f ? [e f i f a c w E S h y s a c w f v i r & S y k & e f c h
 a v S B l y o n f x M M m f a & s e f m w n f A k b n o m i t j r i h
 q k a o m , C a u s r l " a v h s r u k
 v k f e n E f c M o j i f j e f m C a u s
 r l t q i h w e f v E p G i f j r i f m c b
 y o n f



t a e n x m i f v u k u f y k h
 a c w b p f u m a w G I A k b n o m n f

t ajccAR bmom , Oäusrb i t e f p m (t y i i f - 3)

E k f l a w n b n o n j z p v n y D A k b n o m , C ä u s r l ' a v k k p H w n l t r s b m , C ä u s r k k p H j z p f u s b k v n m y g o n f y k b t w f s p w i f u m t m a u n i f c a b o m t r s b m C ä u s r b n f



q w f w b n f s v k v u b n f k u f w k v u f i m o b n f s r s i f a r s u f a c w f x g l i f j z p ä v o n f t c k u a o m a v m a D F m t , t q " a v h x k p l w n s p f y g y i f , C ä u s r l

t o G j y i f v u P m s r s i A k ä ' o e n a w n f t q k l r w & m a w n f s r s & s m j c i f j z p f y g o n f

t d f v u f * F n y G w n h

j r e f m a t s s r o n f t d b p b n p w i f a e x k b n f h c g o E n a w n f s r u k i f a v M d G p a o m z G f a b n z O c k s b o m t j z n j z m w l k q u f u y i f s e f j c i f ? v s G D w k s r u k l v s e f q u f u y j c i f ? b k f a w n b D H s & P * k k j g E s i v u G y g o D c H a q m a f w n f c i f ? r * F o w f ? a r w ä w f ? y A P s k w f p o n f h t E & m f u i f y a d f v & n a w n f s r u k e m j c i f ? o w ä g s t m t r a y ; a o j c i f ? o m k E a r m e n j y j c i f p o n f z i f i ' e o D b n o m a u n i f r t * F m t j z n j z m a k t d b p f u j y j c i f u y i f

t d f v u f * F n y G j z p ä y o n f

t a e u Z n w i f y G w n h

O e f * g n a w n f i v b n f j r w f p c o k m l y x r q k a o m p u n a w n h (y x r A k O p e) y i f j z p ä o n a m l n i n h y x r q k a o m

tajccAR bmom , Obausrbicefpm (tyll i-3)

pu mawnfzpb n fhjt aeu Zmwv
 o bl n&H. . .)jt pc&ob mO gef
 Efi g; nwb k&Gq jlaZrh O d
 apwZpao m'lyfca i fwkwrn m
 Akp do ur *F mq i f i fu \$fyav h



&lyo n f Akb no rni fwb n fyk'jzpbao m'lyfca i fwkwrn
 t ay:ü , kln fav ;eu fl &Mlap&Efb R;Esfyf u b k f
 w&m wlyca nmlap&ef bo m&n &Gf;si zfi hb Rnt ae
 u Zmwi fyGklyk kmljci f jzpayo n f o k m n'lyfca wnrn
 r su k aeu Zmwi MDS mu k G&n fr[wacst aeu Zm
 rwi fao nr n f O d apwZpf u k Gk k fyq /

&fyk'awrn

o mawnrh k mS
 t pjyk m&Sb maP
 jyk n fAk; Ou s' t av b n f, aewk'j ef rh Ou s' t jzpf
 jrwf wE&Sg n f &Sb maP jyk'wGr d t jk dfo l
 cGyks i f &Sg n f



x klmrnh]jo rdo b ?cGyKSjy& yA'Z k
 rwb mo i fyw n f &Sb maP jzpbef
 t a&B D n fv k fr b kgo m&Sg n f
 (1) q Bw'ay;ji f?(2) o u E'oway;ji f?
 (3) o &P * kly;ji f?x klmrnh]q Bw'f
 wpcef?o u E'ay;wRlo &P * kly;ji m?

tajccAR bmom , Oausrbitelpm (tyll-3)

p o kyg?ac:ji myAZM krSv m&ygn f

o divri fo m awrx Gb n fh cgr n&ewb mt jypf
&So n ES fv k Or S n ft x Wf jr wf &Sb Oa&na f n fh
t av nift v sav ;t mr plog Do i fo m wlt t jyp&S;G&m
&Sg n f x MM mifa&S B D tr sru &Sav nifr srt m
o pyi f wu &?a&o k r o u qi f& kab ;&efao nt r wlt k
B kvif a&Sap[ef wlyo n f

&Sav nifowpkDw&y;ji f?&Sav nifv S jci f?r @yf
x kci f?q k fOkfi S jci f po n fw n l &Sjzp&ef r &Sjzpf
v k yfcs i r [kw b J Oeft &H&O&r Q m jzpfyo n f

&Sb maP jzpf&ef t a&B D n f
o &P * k kyg yD E k&ef OyZin fq &m
x kyg B kvif y m y Dav b s k mo i f
y o n f x y i fo u Efaw nifr S pyk i m
OyZin y k l q , f y g o D c H y k l q , f y g



o D \ t " g l h E S t v u G v d f q , f y g ? ' P f q , f y g ? a o c d
po n fw k r n f B kvif o i f a y ; E k k &ef r o E S h
q &nb k f B D w l a l m m i n l p d j c i f j i f y k l a u s z i r s r a y r n f

q u f u y D y & d Q i y n f k l Q M M D k E S k l o G o i f y g
y & d Q m w l k w k y r j z p a p b J b k m & S O e h f p n f u r f
x k w r f t w k f a q m i G E k k &ef o w b i f y o n f

y & d Q m f y g [b n f S 1 / o i f y k l ? 2 / u k l f r B / ' k k ?
4 / c g y e f B k 5 / o y d f ? 6 / o i f k ' g ? 7 / a & p p E S f 8 / t y f v k l

t ajccAR bmom , Obausrbicefpm (tyll i-3)

jzpfy n f o No m f&Sb maP t wGf Lu m 1/ o i fykP 2/
u kl f RB/ cgye f B ESh4/ o ya f v f mv k f jzpfy n f



&Sb maP b O[b n f v l
Ow f M r i n b O r S &[e f o m a P b O
o k u t a j y n i f u m b O o p f z p & j c i f
E S h w b n f & S & j c i f c & ? q G
o u E f ? a u s i n f ? a q ; ? y p ö f a v ; y g

t o k l a q n i f s n t v S g e r s r u k c H & o n f i b O o p f z p v m
o n f o m o r D w f n f v k n x k t H w k f r b w k t j y k r u k l
t w k k f w w M o u b j y f & S b m a P w e n f n f r o d w k S y k
a y ; o n f q & n o r m r s n p m y k O w f k e y k a j m q k p o n f w k l k
t w k v k f w w M o j z i f q & a u n i f r s r x H t y E S e f t x l
t a & B D y o n f

&[efcj y a w r n

&[efcj e f l b n f o d f w G ü a q m i & G B a o m &[e f
o E r a w r n f v k t a & B D q k a o m y G f j z p f a v o n f &[e f
a v n i f u k y x r O q k l & S b m P j y k a y ; & o n f x k e m a f o d f
O i M y o n f o d k w i G o E r a w r n
t e n f q k l i g y g & S b m &[e f c j y
j y k k f a t m i f i E k b n f p G a q n i f
E k f a o m o E r a w r n w p f y g y g u
o E r a w r n y r S p a x n i f a G t j y i f
b u f & y f v G & y f a e a o m &[e f



tajccAR bmom , Obausrbicefpm (tyll-3)

av nifu kb G&ni fq H &yq n f x Menu f o Bnx bl N
ac: , MDo Erawrnrsu k&Stkf&yq n f x Menu faq nfh
aMnkh kv u f jcd aeapo n f o ErawrnvU w&wkw-
u r Gpmi kyD pG &Gzw&wrnM&yq n f o ErawrnvM
wpfygn jzpbp? Efyg o kyjzpbp u r Gpmv pB df &Gf
zwMDo nh cgjri jnw&ao m& eft jzpb Na&ni B& GMD
jzpfyq n f

OyZn f q &nu r Gpmq &nu n&u o Erh a&t wGf?
o dnfM&G, fy, E&f& efzpbao m&E&v ?&u Pen&po n f vM k
w&wd si sr Gvfr fwi &yq n f ai fu kb no enoi f Gvfr f
(Og) & ef&u f&f I v n f ac: Myq n f o dq i fao nh cg
t v B&vM & efo pf yg Oi fo Erawrnrsr m, v B&Gf
Ow&vM klav nfv MMyq n f p on f vM&Ak b no rj ef m
v r&vM t v G q i h wefjri hmo n h, Oau sr l t pO
t v nyi f jzpfyq n f

x dfjr nr * E nyG

jr w pG& kmo n f v kb nh&v nai wGf aex kMIMD
&weno kygu kt mx m, Mln Mlu k&ao mt d&Bawn fax nfh
v kb nh&v nai v b nr sr av nai D
pDyG w&v u f&fo ma&? v t h&?
t d&ax nh&a& po n f vM wGf n f
w&men fv r r sr pG& kb d&lav n&g
o kv? r * E o kv? Oo v o kvf pao m
a' o erawrnvM G a[nM mawrnfi



tajccAR bmom , Obausrbi tefpm (tyll-3)

x mo n jr ef mv x dfr mv u k yf Gb n fu mb no na&
pn fr G pn fu rft & r j y kae & o n b ab no k aq nif yao n f
v n f jr w AK t q H r E S m r u i fr u Capb Jt d& x l
ax nfu mr * F mw & maw n E S n Dy Kaex k l Myg n f

an nif&o Efyawrn

an nif&o Efyawrn n f jr ef n Obausr lwp&yf
jzpfy n f u q kv jyn faW G a n g l i f man nif&o E f j c i f
yefal mu yf jci fr su k E S O E f v k f j y k l Myg n f
x y i fu q kv jyn faW n f jr w AK :-

(1) Ashul f c H aw r n i a o n a e Y (2) z G j r i f a w r n i a o m
a e Y (3) b k n j z p f a w r n i a o n a e Y (4) y & d e f a p h l a w r n i a o n a e Y
jzpb jzi f Akb no n i f w l z N a e X l a e j r w B D i jzpfy n f
x k l m n i f u q kv jyn faW G b & m
y G a w r n i a o n a e Y f u k a o E f a v n i f
y a z n f i c i fr S A k b n o m , O b a u s r l
t p O v r h jzpfy k j o n f a u n i f r l
u k k f r * F n y i f jzpfay o n f



Ogg G

& efawrn sn Ogg k i f l b n f Ogg G o k y w f v k l
Ogg k m Ogg y & n a u s h f u t n a e j c i f y i f jzpfy n f & ef
awrn sn n f Ogg k j y n f a u s h (1) & u faW jzpfap? Ogg c j f
v j y n f a u s h (1) & u faW jzpfap o E m a w r n i a o n a e Y p k O ; M D o E m

tajccAR bmom , Obausrbicefpm (tyll f-3)

w p f y g c s f j z p a p ? p l a y g f i j z p a p]] p a u s i n f u p O g v G f
o k l y w f k O g y y g n f o D i f o k l e y g n]] k & G f k a v O u f
x m l & o n f p o k & G f k a v O u f m l o n f u j i]] O g k n ?
O g y f o n]] k a c : y o n f

' g u m ' g d m w l n f r d d l n k & G a u s i n f s r u
O g y y l m r n h & e f o E n a w r n f k O g v G o k l y w f k l c s f o m
p g i f o D i f o k l a e x k E k l m a p & e f q G o u E f a u s i n f a q ;
(y e f e b l n) p o n f s r z i f v S g f y a Z n l u k f /

O g k l j y n f a e Y x l j c m c s i f u k n f r S b m x m
o i f y o n f

- (1) a* g v r b k n t a v n i n f a w r n i
y # d a E a e a o n a e Y
- (2) a w n x G f a w r n i b o n a e Y
- (3) " r p l m m v & m O p w i f a l n l m m
a o n a e Y
- (4) a & r D p k l p k l v e c k j y # d m j a w r n f
r b o n a e Y
- (5) b k n t j z p f O e f l a b n a e Y
- (6) w & m & w e m p w i f a y : a y g u f a o n a e Y
- (7) o E n a w e m p w i f a y : a y g u f a o n a e Y
- (8)] [d b d R [b o m p u n u k p w i l m m & a o n a e Y
j z p f y o n f



tajccAR bmom , Oausrbi tefpm (tyll-3)

pra&wHyoWrn

jr ef n&f WGAkô no ema&no B&G u mv nosf si
o no enawrfi klM n fi tlv ;prnMao ma&S ef mi fr sr&Esh
jyn b lw n f p pra&wHJq Gft v sy&G kjr ef n&v
, Oau sr l'av h&no y&wrn jzpf Oagcgv ü wcr fwem
u s fyav h&Mlyo n f

o Di fu Rf o u B Dg Dyaznu eawrfi

o Di fu Rf jyn f&wGt b dr m&ma[nlm
Mq k n fu kt aMnfyki mt b dr mt c&wraey ko wf
r sMMDjr wpc& m&S m q D&srji fyaZnuMlyo n f

x yi b Di fOgy u Rf
o n fi cgt o u b d * R Dg
B D t sr b b b aq Gft sr?
q &no r m r snu kt Owif pm
pmzGf ao nai zGf srji fo
a&no fyaZnu eawrfi h&Mlyo n f p o
Mjci fr SnyZnp yZae, seH- yaZnfx k b lw
&ji fo n fi n f r * F mn f [kj wpc& m a[nlm
mawrfi



r b b n fr * F n&v&wawrfiEsh n Dyk k f
Mao mAkb no m Oau sr l y&G pfy& f
jzpfayo n f

q Gfo Gfv&rem yG

Akb no nfi b awrfi f&v n faq Gft r b o m o r D
r sn u Gfv Gft ep&no b G n fi cgt o k k f av nif

tajccAR bmom , Obausrbi tefpm (tyll-3)

u x d f v 88f 888o rh u \$ (5)yg

1/ rdd @v @rh &yb M q D t wmt yd/f yi ft aEsh
t , Sf 88v @v @v yv yfo @v nEdb n f r i f P fp P f S
v @fu i f csfo n88o n f

2/ wröfu dö av ;&?aygav awrb n f r n b n ü püJ
aq m8Gfaq m8Gfwöe B lav ;o n f k 88aygygygzi h
at mjr i fat m f aq m8GEdb n f



3/ czGf ab nZC c88f 88o m v M m rh
ab ;jzpfci f? t pnh q yb i fai f r jzpe88fyg

4/ t z88v ef q efM, f v Sao mt Owf
t pmrau m f r sn Owf i 88ci f/

5/ r d88f k88o mypü fr sn 88eb f \$
i gygw M m f r ysü p88fci f/

t yg ü sn f' e (10)yg

o Erawrv M m r v Sofau mfo n fit aM m f t &m
10-r \$ü k n f o 88m o i fyg n f

(1) r Z88e = ao 8n f &u fü ktr ay;v 88u m f yg

(2) o r Z88e = t N88m v f 88ay;v 88u m f yg

(3) E w88e = r d f r u ktr ay;v 88u m f yg

(4) Oö b' e = E88t v , ü E88k D ktr v W88ay;au m f yg

(5) p88ä r 88e = u m* R f88k apao nyef88ay;v 88u m f yg

(6) o w' e = v u 88ü f, J r f r 88u sn ü ktr ay;v 88u m f yg

tajccAR bmom , Obausrbicefpm (tyllf-3)

(7) Od' @ = t q gfu kray;v Sau nifyg

(8) o cF d' @ = e hcu sf(v u k ypo n j) ray;v Sau nifyg

(9) u k k o u & @ = Mu f?Ou f?o mau nifv k kray;v S
au nifyg

(10) wk nu #r neu # @ = rr Eao mt av ;?wi fawmf?
csfCu kray;v Sau nifyg

ray;v Sau nifo n fp t v Eku kay;v Gy t yg fu Ebf
ygnf

ur @ mo n @ lav ;ck t Ebb n&

(1) Akb no m

(u) wn fax mb l

Aka* gvr jr wpc @ km

(c) zawmb n Ebf

b pD24

(*) wn fax mb n bEbf

b pD589

(C) y&daefyk n Ebf

b pD544

(i) pwi fay: aygu Ebxne

t Ed jyn f

(p) b no mh t x @f x gfyk k f

o r @ r Kjr wpc @ km

(q) y" neu sf t u Sckf mzi fOeh f (pn fu rf)

o kwf(en fv rf)t b dr @ (o ab mw

&m) [i yeu o kysgnf t u sf mzi f' D

ed m ?r Zed m ?o Hwad m ?t *Waed m ?

cku ed m f v jpfygnf



t ajccAR bmom , Obausrbibeipm (tyll-3)

(Z) u hu Gb n En fr rf oif Pu \$ B Pk k G o jdl f

Learn; Practise; Penetrate

(ps) t jri h k s n h u s e d f (t p p c s f o n i t p c s f o n i)

(n) t ajccH n n s i f s n u r Q av mo u k z p a p ? o w a g u k p a p z e q i f a y ; o l w e c k s f s s u r Q av mo E S h o w a g r s r o n f o u q k s m t a l M i n f r s r a l M i n h j z p a y ; v n l o n f



o u f a v m o ? o u s a v m o E p c k k t a l M i n f a l M i n h j z p f y s i f a e l M a o m y f p O e m f p O r Q m j z p o n f w n N a o n y k k ? o w a g s t w a s y f ? e m f s b r Q n f j z p n d Q w p p u e n Q w n f w h a e b J c s i e s f y s i p D o G M i r N a o n o a b n e s i f j z p l M o n f o w a g v e l f r d d v k f m a v s p o i t u s l & M o n f a u m i n f k y k k v Q a u n f u s l c h e o n f q k l j y k k v Q q k y p c h e o n f o w a g v e n f w p b O w n f j z p l M o n f [k f b O a y g f r s p o j z p l M o n f

(2) [E l b n o m

(u) wn ex mb l 2

(c) wn ex mb n E p f c & p f a y : r D b p D (1500) c e Y

(*) pwi ay: aygu B n X n e t E d j n f



t ajccAR b mom , Olausrbitefpm (tyllf-3)

(C) b no mh t x of x of k f jA @Ad EPo d

(i) y" neu sf* ef a0' u s fr sn? Oyed Cu sf
r sn? & mm eu sf?? r [nb m
& wu sf? b * 0' f D ma sf

(p) u lu Gb n En fv rf , lu n fy g & sy g q kaw n fy g
Believe; Worship; Pray

(q) t ajccH lu n En sf sn u r Gav ma Esho w ag su k
jA @a zeq i fo n f Ad Eku u ma Gapi n b n f o du



z s f g D n f jA @a b n f sy &
t w ai f y & r t w a n f u r Gav ma
Esho w ag su k zeq i fo n f t w a
o n f t j r w f k z p f / r y s i f p D t NU
w n f / o w ag o a o n f n f t w a r y s i p D j b w ag c Em
u k f S G E G a e m a f E m a k f v p c k o lu la j y m f w n fa u m
a e m a f v p b 0 p c e f o @ /

(3) c&pf ne b no m

(u) wn Ex mb l

(c) z G r i b n E f f

(*) wn Ex mb n E f f

(C) u G f i n E f f

(i) pwi Ey: ayu En X ne

(p) ဘာသာ၏ အထွတ်အထိပ်ပုဂ္ဂိုလ်

(q) u lu Gb n En fv rf

a, 1/2* \$v t \$

b p D (4) c e f

at ' D (27) c e f

at ' D (33) c e f

y g u f w k f

x n O b k m o c i f

, lu n fy g & sy g q kaw n fy g

Believe; Worship; Pray



t ajccAR b mom , Oausrbitefpm (tyll-3)

(Z) y"newrDef

o r @ s f p m

("r @ n f E s h " r @ p j

(ps) u s f p m s r f n

u r @ s f ? x G f j r m i & m

u s f ? o w j k m i s f w & m a l m

u s f ? a , n b o w k i s f ? q m r H

u s f p o n f w l j z p f y o n f

(n) t ajccH l l n f s i f s n w e p a e f s r s v b m w l v k l

u s c k f e d e f t v k l s p m o k e d e f t v k l s t o k y k e f z e q i f

x m a o m o w a g s n j z p b n [k , b l m o n f v E s h v e p a e f w l

b o r s p c a i s f n b j c i f u k l c & p f n e b n o m a i v k l v u f c y k

c & p f n e b n o n e s p y f c o n h p a d i f p n b G & m o d s p & m

t c k l k q u f u f a z : j y a y : y g n f

c & p a w n b n f o l t & G E S h v k l f a t n i n f x l j c m x u f u f

\ / (12) E p b m u y i f & l D k f a w n b D s r t m x n o b b k m

(a, [k D g) z e q i f y k l v l

v b s f r w h D y k l k l a r : j r e f & m

o w l b k e f B D s r u j t k l , f

... p t c s i f u m a , [k D g



o n v O f o e k b n b j l a o n h a j z u b m & c h g o n f o M k l

t & G E S h r v k l f a t n i n f i f p l p r f a w a c : e k b j z i f i f c s f

t j z p f w i f a j r s a f m o n f x k l n v u m j r w A k y e d a f e f

p a l w r n i D E p a y g i f i g & n a u s f u n v u j z p n D a , 1 / 2 (1 2) E p f

o m r @ n b o ; /

o b n f x n o b b k m a l n a j y r o s i f s u k l o p m w k l o a b m

tajccAR bmom , Obausrbicefpm (tyll-3)

rawG jzi fi P fcsq & m& n Ir Bvk Gfu mt r Siv& m& Sef
 c& D Gcav on f t ou (30)ü jyev m w& ma[no n f
 x klcg& I Dr s& v& l] ga, [kDy w& m[w? a* gvr
 Ak\ w& m s& jzpb n f] k kl mu eM G M \ / c& p& awn f
 u v n f]a, [kDy w& m jzpb n f u S& fu v n f a, [kDy
 o maw n f i jzpb n f] [k jyn M m, M D q u f u f a[n M mae
 ch n f aem f j ka& m ES& I Dr & m f n f o r m s n r c f & y Edf
 jzpv n& m Sa, ½ c& p& awn f b O v u Dgu yfv klay: wG t q kl
 ½ k& b n f

p o k& c& p& awn f t w k w ä (12) E p b m St o u f
 (30) t w G (18) E p u m y w f k Z m f r S a e c h n f u k l v & m & S
 x G b n f ka, b k \$ m jzi hq M l o n f a, ½ Z m f r S f
 aeo n f t a M n i f t & n a k t ar & d e E d f P l c s D m & W U
 o kwo eyn n& S f y a r m a © k p (c) j u E S a y g f r s r p c a p l p r f
 av k m a y g n f c& p f n e b n o m a k l b u k l f o n f y a r m a ©
 q & n b D n f w a u ä ' o o k l f o G a & n a f a v k m a m w a u f
 jyn fawn f y k l f r E b k fawn f a u s i n f r S q & nawn f a D i
 c& p& awn f u k l f w k l f a[A ½ b n o n p u m jzi h a & o m c b n f h
 r S f v r f r s r u k l & S b n f y a r m a © k p (c) j u o l av k m
 aw k S s i f u k l c& p& awn f r o d o ; a o m o G i f a[m a j y m s i f
 r s r] b o m t r n j z i f (1925) c E f w G p n h k f k w f c h o n f

x k n h k f v G c& p& awn f a v n i f o l , b n f t r S i v & m u k l
 & G a z G e f c & D G & m a * ½ v i n k l e D y i f w a u b k fawn f D
 r s r E S a w G k l o l , f u t c s k l u q i f & M D c s k l u c s f o m ?

t ajccAR b mom , Olausrb i cefpm (tyll-3)

t c~~U~~ Lu v sYNDt c~~U~~ Lu 1/2q p~~t~~ c~~U~~ Lu u sfr n~~ND~~
t c~~U~~ Lu a&mq , x ajyma mv k k lwefpm; wl u j~~ny~~kl
r s~~p~~azef i fx myk~~kl~~ au syf w&nt r e~~t~~ &Gf m
c~~AM~~mf ajmao nh cgu kb n B D~~v~~p~~OD~~ t w~~v~~f~~y~~kl~~ef~~
u w&mr s~~AM~~mfv lwefpmu j~~ny~~kl~~kl~~ u s &S~~fy~~yo n f
x kl cgo l , fu t v e~~r~~fajma f e~~s~~ u b c~~y~~o n f

w~~A~~u fu kb n B D~~s~~r~~E~~sh w~~l~~&mu kb i f B~~ef~~v kl fyg
o c~~ch~~ / w~~A~~u jyn fr e~~au~~ shfwkl f b k~~f~~aw~~n~~B D&S &d
y~~w~~å Hau shfo mt jzpf(6)v yn no i f / aera fo e~~m~~30
w~~kl~~ fo l , f mo maP O~~w~~ay; o n f b o~~o~~ maP &Z~~D~~u e~~kl~~
jzpb n f (a[AV~~b~~ no n~~zi~~ fa, 1/2&spaw~~n~~ k~~c~~: \ /) t o u f
(20) jyn h c~~f~~& ef~~y~~ky; aw~~n~~h~~M~~o n f w&nt mx kl &mp~~se~~f
t b d n~~o~~v~~e~~kl~~kl~~ /

x p~~nt~~ k~~f~~v~~G~~ Z~~D~~u e~~kl~~& ef (10) o~~g~~ND~~o~~ u faw~~n~~(30)
jyn ao nh cgr d~~v~~kl~~f~~yn &S~~q~~ c~~kl~~ s~~r~~ m~~r~~ dd b k~~c~~s fo n~~kl~~
ap&ef Ak\ w&ma~~w~~n~~s~~ a[n~~kl~~ ma~~O~~i S kl jzi hq &nt m
c~~AM~~mf&mq &S~~t~~ &d y~~w~~åax &B D o l t em~~w~~fu kl
t b d n~~o~~zi h~~M~~n faw~~n~~lv O~~f~~ Z~~D~~u e~~kl~~ o n f q k~~o~~o m
t E~~am~~ jzi fu G~~v~~ e~~r~~s~~n~~ fu kl i faw~~n~~l c~~ky~~kl~~w~~nr ay/
o k~~o~~ n~~kl~~ w~~n~~r p~~f~~ r &o n h q k~~lu~~ w~~e~~f~~s~~ fu kl o~~e~~cl~~p~~ND
c~~ky~~kl~~kl~~ / u w~~p~~u m~~r~~ s~~r~~ s~~e~~b t ay: ar w~~an~~ysi &
o n f c~~r~~ n f t N~~o~~se~~Di~~ p~~r~~ae& r n f w&ma[nao nh cg
en fy&d m fu kl k~~r~~ n f po n fw~~kl~~ p~~f~~ /

t ajccAR bmom , Obausrbicefpm (tyll-3)

t &f &dyw&[E&T &f w&B D]joif&[nao nfrnf
 &[lDf&v& v u&M nrf[wf oif&S n&em&u n&w&G
 u moif&[nao mw&ms&u& lwnf b mo n&go pf("r&@pf
 x lax n&M v dhn]po n hit a&M nft pklv ifu kly&ar mo ©
 * &P(c)u O l The Unknown life of Jesus Christ pnt kfv&G
 r&v&rfwi f&g n f q &D&X v bf u r&g k&f k n b&Esh
 t &f &d "r&® AkO&gyó em&sn pnt kfv&MS& laz&nyjif
 jzpf&g n f

(4) t pö mb no m

(u) wn fax mb l

t n&yv f&kl

r&f mu f (t rn &i f u k r f)

(c) ar G&G n E&f at ' D570 { MD (20)&u f

(*) wn fax mb n E&f at ' D610

(C) u Gf G& n E&Y at ' D632

(i) pwi fay: ay&u B&X&e t ma&A&E&f P&r u d&N&U

(p) ဘာသာ၏ အထွတ်အထိပ်ပုဂ္ဂိုလ် f t v r h b &mo ci f

(q) y" neu s f u &f n&u s f? q E&u s f?

[' p&u s f pao m pnt k&ay&g f

104-t k f &S&g n f

(Z) u ku G& n E&n f v r f , M n f y q &S&g q k&v r n f y g

Believe; Worship; Pray

(ps) t ajccH&M n f s i f s n t v r h b &mo ci f

t r d&v r n b k l e n c j e d i f u k i f



t ajccAR b mom , Oausrbi t e p m (t y l i - 3)

t pö mf kac: jci f jzpb n f b no na kt pö mf kac: í
u ku Gb U kr b v i f kac: on f ur Gb ESho w a g w Gk
t v nh f & S r w u z e q i f o n f t v nh f & S r w b n f
u r Gb y x r q k b m j z p f t m r f t r s o m) E S h (O t r s
o r D w k z e q i f o n f o w E S a , m a f S v b m a w G u f u m
q u f u m a y u z a m M o n f k b M o n f u E E a t p & s o m
o w a g v E S v w k f & E S h m o k e f v E S z e q i f a y j c i f
j z p b n f c & p f n e b n o n E S t a j c c H c d u w h D o n f

r k mu f w G w & n o i f , m (1 2) O S N D t a j r s n f , m
u v n f r s p o s o ; o n f k q k o n f r b v i b n o i f s u k
r , m a v ; a , n a f z N w k f w G c h o n f p p f a o m & e b l
p p b m r s n o m r , m w k k n f v u f x y b J a y g f o i f
q u f q E k b n f O y a ' w p & y f c s & f a y ; c h o n f

t pö m b n o n t a j c c H w G b n o n t w G f w k f y G f
& j c i f o n f v n f w p c s i f y o i f y o n f u m u a j r a f r a e n a H
a j r n a f n j z i f a o n r n f a u m f ? r o y p o f o p z i f u h D v n f
a u m f t v n h f w G f r d w k G E k b r O y o i f p p f w k f & j c i f
u k f \$ D w k k a c : o n f b & n t w G f b n o n t w G f r d d k f u k
u n a G z w G f p p f w k f & j c i f j z p f y o n f k q k o n f r d d
, k l n b n f b n o n t w G f t o u f a o c H w k f y O E a o m
w n o f u m r b v i f w k f v k f e n r n f w n o f z p f y o n f b n o m
a & p p f y o n u s i k e w k m a u m f u i b k l w k f k f a & n a f
E k b n f k , b o n f

tajccAR bmom , Obausrbicefpm (tyll-3)

x m m n f r [nar' i f pö m f v n f] v l v n a i ü q i f & r
r s p k t a e & j c i f x u f b n o n a & p p f o s t a o c b j c i f u y l w f
o n t j [k , b u m p p f o s n u k t E k f v k f u m E k f H s p o n
t p ö m b n o n j e y e e k f e f u f u l r f l m k v p o w j z w j c i f ?
o m r , n j j c i f j z i h c i f u v n f v j c h n f , a e v n f i s \
v j b y f u k l m n f a i f z i h o e k f y o n f

b n o n b D(4) c k a k o k d y f c i f

(u) o w a g v n f r d d w
u w & n t & u s f v n b a m m n f u k
A k j r w p o k & m u r e l m m a w n f
r l / o w a g v n f x n o & b & m
o c i k t v k E t w k f u s f v n b o n f k E t b n o n a i
q k o n f c & p f n e b n o n e s t p ö m b n o m s r o n f b O
t q u f u f & m m n f u k j y q k y /



(c) A k b n o n i t q k l r t & v b m w n a u n i f u s c
q k u s b n f r d d w k j c h o m t a u n i f c t q k p u b k f c
t u k k f w n f l b o m u w & m m n i b m j z p b n f r d d n r C f
w & m c P i r d d n r C f A d k i n r r d d n r C f ' Z k e n r r d d n r C f
y u k e s j z p b n f A k O g t & u k l b O u k u k l f v k b n q j z w f i c h
& s o n f u s e b n o n o k e k b k n r s r o n f v b m w n
a u n i f u s c q k u s s r u k x n o & b & m o c i f u z e q i f j c i f
j z p b n f k q m l o n f x k n o n w l C u w & m s o n i m v n f

tajccAR bmom , Obausrbi tefpm (tyll-3)

x kl w&mo n fr d d v kl st u \$f ay;Ekl Jx n&b &M
t v klw n f st u \$f ay; jci f jz p b n [kq Mlo n f

o kl rfr d d w Defu \$fw G v Di fm r sru kl ri faw G
ae&jci fu t w d b O &M n h fu kl r s i f i b u fao c h e y g
o n f v Di fm w kl t w d b O jz p b O sru klav la n jci ft n jzi h
x n&b &M t v klw n f w kl f ze q i f jci f v kl r [w b J
o w y k b n fu b kl f t u b kl f u H n a v s p o m, ck O
t o p & s e a M n h f o d s y g n f t a v ; x m p O p m & e f
v kl y f g n f

(*) j r w p o & M t a v n h a w n b n f b O r s p o y g r d w n h
r s n j z n f i s b a o n a M n h b & M j z p a w n h y g n f u s a o m
b n o n o k k b & M r s r b b & M j z p a n j z n f i s b j c i f b m O
r & S n f u klav G o n f t a M n h w & M & S J o T v kl k z p a y:
v n a o m t & n h b n f & k f y g a v n g , a e Y I , f s n t x l
t a v ; x m p O p m i j c i & e f v kl y f g n f

b &M t r n f h w d e j & n b D(6) O D

av n a i u b & M p p f b & M s y c a y : r n f u kl E s i v p a x n h f
u y i f B k i f a u n n h v j z p E s h e y g n f

]]p o l u n b & M]] lo d e f r [n y k d v u P n a s f p a o m
t w w f y n m s n v n f j z p a y : a e E s b n f x kl c g v t r s r o n f
t v E x l j c n j r i j n w f / S o m]] b & M]] b a o m y k & M f u k l o d kl
j r i f v kl n i l o n f x kl u n v n h v t &]]t p p f w p e R t w k
w p a x n h]] b a o m p u n E s h n D o A A k v O P f a w n b c i f

t ajccAR b mom , Oausrbi t e f pm (t y i i - 3)

b & S F p p f r j z p a y : r D d d k f u k b & m f B e c b l l a t m a f y g
w a l e j & n D a j c m a C D W n f a y : x C a e c M l o n f -

x k w e j & n D a j c m a C D W S -

- (1) y & P u ó y ?
- (2) r u @ d * @ m ?
- (3) t Z a u o u r x ?
- (4) y u k u p a n e ?
- (5) o Q a A v | y k a
- (6) e d P e n y k a w k z p l o n f

pi p p f x b & m t r n c H y k a f w n f t p p f a y : r D
 j z p a y : E S a o m t w k s r o n j z p f p Q p m q i j c i O P f j r i f m
 o n f v b m t e n f p k x k & m q k o m q & n D D s n u k b & m
 t j z p f v u f c e l l a y / o k m G y n m h o m v t s r p k m
 b & m p p f b & m e f j z p f u k u G q n f u y f u m x k j & n D D s n
 a j c m a f j , E S y g a o m ' p e c : J j v l a x m i n k B D u y i f w k i f
 z r f r e v M u k a w r b n f

S i f a c G i , f i s m t w G u f y g D ? y g X f i f h z w e n f ;

j r e f m t s l v n f y g p u m v k l s r j z i f v G G & i f e D & S I
 y g n f u a v ; i , b O u y i f r b b k G r s u l u m a l u n h k
 o i M m a y ; o n h j r w E k G f a v Y & S g n f j r e f n b n o m
 p u m v G y g d o g n s p u m k l (3 9 7 0) a u s n S e n f r s p z i f h
 y g i f e a l m i n f u k t b d n e f s f j y K q & n D a & w G a z : j y

tajccAR bmom , Oausrbi tefpm (tyll f-3)

x myg n f o No rñj ef m r t s
 t r snpk Sn przw & m v Gf yg/
 pu m v kyg n r Cf au s f w f v t
 & D y g y p u m v k l r s m s n y g m
 v Cf l x k n a k r z w f v k l w r a y /
 z w f y e f v Cf n f y g v d o k l G f
 r s u e f y g n f



x k l m n h y g y p u m v k l w f t o k l G f k l i , p o
 u a v ; b O u y i f r s u e f v m a p & e f & n & G f u m y g v d w e n f ?
 y g i k w e n f o i t e f p m a k x n b G az : j y x n j c i f j z p f y g
 o n f

a e p o b O w G t o k y k n h y g v d o k l G f s m p a j S
 r s a v h s x & S n f i o k l G f t c s l k r e n h j z p f a z : j y & a o m i

- ◆ y o o D H k = y i p o D H s u e p a k t o H k G b J
 (y i p o D) H k t o k l G f r s a v h & s w f y g n f
- ◆ " r m n p m d k " r f H n p m d k s u e p a o H k G b J
 (" r m n p m d) t o k l G f r s a v h & s w f y g n f
- ◆ ' w d r d w d r d k ' w d r f d w d r f d k s u e p a
 t o H k G b J (' w d r f d w d r f d) [k y t e & m v G
 (r d) k t o k l G f r s a v h & s w f y g n f
- ◆ t ' e h g e n i k t ' e h g e n i k s u e p a o H k G b J
 (t ' e h ' g e n) [k (- g t o h l s c m d t o k l G f r s a v Y
 & s w f y g n f

tajccAR bmom , Ohausrbitefpm (tyllf-3)

pal/f a&t wGf

1/ u mn0p&pal/f (54)yg

u m(11)b ~~85~~ wAgv ~~1~~ EAfu t jzpf srao mpal/fv ~~1~~ kl
u mn0p&pal/f kac:o n f p pal/fv ~~1~~ kat mai fyg wklf cAm
Eklb n f

(u) t u b ~~kl~~ pal/f (12)yg

- av nb r pal/f 8 yg
- a' 0 r pal/f 2 yg
- ar nfi r pal/f 2 yg w ~~kl~~ pMyo n f

(c) t [~~kl~~ pal/f (18)yg

av nb ?a' 0 ?ar nfi pao m] ~~kl~~ f srnyo n f pal/f sru kl
t [~~kl~~ pal/f kac:o n f x kl [~~kl~~ pal/f (18)yg ~~8~~

- t u k v Oglu pal/f 7 yg
- t [~~kl~~ fu k v Oglu pal/f 8 yg
- t [~~kl~~ B d n pal/f 3 ygw ~~kl~~ pMyo n f

(*) u mao nb P pal/f (24)yg

- r [~~kl~~ mai k kl pal/f 8 yg
- r [~~kl~~ noglu pal/f 8 yg
- r [~~kl~~ nfi d n pal/f 8 yg w ~~kl~~ pMyo n f

u mn0p&pal/faygf

- t u k ~~kl~~ pal/f 12 yg
 - t [~~kl~~ pal/f 18 yg
 - u mao nb P pal/f 24 yg
- aygf 54 yg w ~~kl~~ pMyo n f

2/ 1/2 y @ p & p d / f (15) yg

1/2 y (15) b ~~SA~~ [@ v] E Af u t jzpf srao m p d / f v l k
1/2 y @ p & p d / f [kac: o n f x p d / f v l k

- 1/2 y @ p & u b k l p d / f 5 yg
- 1/2 y @ p & O g l u p d / f 5 yg
- 1/2 y @ p & B d n p d / f 5 yg w j p l m y o n f

3/ t 1/2 y @ p & p d / f (12) yg

t 1/2 y (4) b ~~SA~~ [@ v] E Af u t jzpf srao m p d / f v l k
t 1/2 y @ p & p d / f [kac: o n f x p d / f v l k

- t 1/2 y @ p & u b k l p d / f 4 yg
- t 1/2 y @ p & O g l u p d / f 4 yg
- t 1/2 y @ p & B d n p d / f 4 yg w j p l m y o n f

4/ av na r kv & n p d / f t u s f (8) yg? t u s f (40)

av na r Sv E ajr na r fao n p d / f u klav na r kv & n p d / f k
ac: o n f x p d / f v l n ft & d n y k l f (8) a, na r v l o E Af
uo m jz p l m o n f x p d / f v l k t u s f m jz i f-

- r * p d / f 4 yg
- z k l p d / f 4 yg w j p l m y o n f

t u s f m jz i f-

- r * p d / f 20 yg
- z k l p d / f 20 yg w j p l m y o n f

tajccAR bmom , Obausrbibeipm (tyllf-3)

5/ **pal/f u S (89)yg?t u s f (121)yg**

- (u) - u m n o p & pal/f 54 yg
- 1/2 q & pal/f 15 yg
- t 1/2 q & pal/f 12 yg
- av ma l w a n p a l / f u S 8 yg
- ayg f 89 yg w p f y g n f
- (c) - u m n o p & pal/f 54 yg
- 1/2 q & pal/f 15 yg
- t 1/2 q & pal/f 12 yg
- av ma l w a n p a l / f u s f 40 yg
- ayg f 121 yg j z p f y g n f

apwo d f aMnif

apwo d f b n f pal/f u k d G f pal/f u j t, f v S a o m
 o ab n j z p b n f pal/f b n f w p k w p k k l o j d i f r Q n j z p f
 pal/f s n fo u b u j z i f i au n i f t q k t r s t s r u j m a o ; a c s
 apwo d f r s t s e f h a y g f p y f c, f v S f c i f c k t s m p a l / b n f
 t au n i f t q k t r s t s u j m v n a j c i f j z p b n f a & w i G a q ; e D
 a q ; O g a q ; j y m t a & n i f s n a y g f p y f c, f v S f v k f v Q r i v
 t a & n i f a y s a u f a & e D a & O g a & j y m a j y m i f v o G o u b n
 j z p f y g n f

apwo d f (52)yg

1/ **o A p w o d f a P apwo d f (7)yg**

(1) z o = av Q j d i f /

tajccAR bmom , Olausrbicelpm (tyllf-3)

- (2) a0' em = cphjci f/
- (3) o n m = r Sv b mjci f/
- (4) apwem = Ebaq nfvkl fw Gfci f/
- (5) { u * Wm = wn Mn jci f/
- (6) ZDu d'E = aprn h&S jci f? t p& jci f/
- (7) reo d n& = ES k Gfci f/

pal/zp/vk/fygi fao maMmifo A&v/ã m'n&P apwo d f
[kac: o n f

2/ yu B fapwo d f (6)yg

- (1) Odu ú = B ph jci f/
- (2) Opln& = t x yk yb k yfci f/
- (3) t " ar ma © = q hzwjci f/
- (4) O&Dl = t mx kwjci f/
- (5) yDd = Efb u b ab ma jci f/
- (6) q E' = jyk jti f? &v jti f/

au n'fao mpa/f c&R au n'fao mpa/f c&E f s/ k
ygi fao maMmihyu B fapwo d f [kac: o n f

3/ rau n'faykri ygi fao nt u b k fapwo d f(14)yg

- (1) ar nh = r o d/wjci f/
- (2) t [&d = r &S jci f/
- (3) t aenw& = r aMnafi v e jci f/
- (4) O pö = pal/fy/s/ Gfci f/
- (5) av nb = v k s fvyf u jci f/

tajccAR bmom , Oausrbi telpm (tyll f-3)

- (6) ' pd = r S r S G, G o j d i f c i f /
- (7) r ne = ax m f / r i j c i f /
- (8) a' ɸ = M r f w r f c i f /
- (9) £ ó m = j i l p j c i f ? r e n r j d i f /
- (10) r pãd = o l w p f g t m r & a p v j d i f ? o e f w j d i f /
- (11) u k k ö = a e n f w w z e f y l e j c i f /
- (12) x d = x k l f c i f /
- (13) r d' = r H f c i f /
- (14) O p d p i n = , k S j c i f /

4/ au nfr j y k r i y o i f a o m a o r b P a p w o d f (25) y g

(u) au nfr j y k r i y o i f a o m a o r b P o m n a P a p w o d f (19) y g

- (1) o ' g = , M n f c i f /
- (2) o w d = a t m a f a r h r o S j c i f /
- (3) [& D = & S f c i f /
- (4) M w g Ü = a M m a f r e j c i f /
- (5) t a v n b = r v k s j c i f /
- (6) t a' ɸ = r M r f w r f c i f /
- (7) w M r Z w a m = a p w o d f w k t n D r Q x n j c i f /
- (8) u m y o ' d = a p w o d f N b f c s f c i f /
- (9) p a g ó ' d = p a r N b f c s f c i f /
- (10) u m v [k w m = a p w o d f y g j c i f /

tajccAR bmom , Obausrbi tefpm (tyll f-3)

- (11) pã/ã [kw = pã/ã yd gci f/
- (12) u m r kkw = apwo d Eñ jai f/
- (13) pã/ã kw = pã/ã Eñ jai f/
- (14) u m u r @wm = apwo d f chl mci f/
- (15) pã/ã r @wm = pã/ã f chl mci f/
- (16) u m yg k wm = apwo d f vlu sfr nci f/
- (17) pã/ã g k wm = pã/ã sfr nci f/
- (18) u m k wm = apwo d f ajz mhw jci f/
- (19) pã/ã k wm = pã/ã ajz mhw jci f/

(c) Oãwãpwo d f (3)yg

- (1) o r @gm =t o u ãr Gtyg Jp Dpã f(4)yg S a&Mn jci f/
- (2) o r @rã =t o u ãr Gtyg Ju m ' pã f (3)yg Sa&Mn jci f/
- (3) o r @mã =t o u ãr Gt w Gf Opã f(4)yg? u m ' pã f(3)yg Sa&Mn jci f/

(*) t ych napwo d f (2)yg

- (1) u 1R m=q i f&Jk @mã b t sru kã , fvi ã h Dã f/
- (2) r kã/m= csfo no t sru kã i & Mmã&ao mt cg Or fajr na jci f/

pã apwo d f (2)ygv kã kã wã kã wm&ã mo wã g r sru kã mã kã jz pã na Mmã fã ych napwo d fã kã: o n f

(C) yn rapwo d f (1)yg

yn dE' = au nifr P?rau nifr u klt r ef wklf cEm
o jli fci f jzpb n f

jr w p f o b & m & S f u b e n i y j n b k a e n a i f j k t & D

Akt av nifawno n fav ;t o acs E S fu r o w p b e f
& S M n a n o w a g v t u s t S y g r d w n s n u k c u f j
y i f y e p o j z n b i s f a w n l u m b k n j z p a w n l y o n f b k m & S f
b O w G v n f (45) E s f w m u n o y w f v k l O g v G o k v r S y
, Z e m (2000) ? r k f m j z i f (20000) a u s f & S f v s r o n f i c & D
a ' o p n a d c s d m o w a g r s n t u s t w G f a l n j y
a c s R f a w n r i y e f y o n f

jr w p f o b & m o n f (45) O g j r n a i f a e n a i f j k O g u k l a O V k
& G , f i O g u y a w n l y o n f o u f a w n l (80) & S j z p a o m
j r w b k m l c E n w G y e d A e f p a w n l a v n a f a t n i f B D i s f
a o m a m g j k B D w p c k
u y a n a i f n y o n f



jr w p f o b & m & S f
t e n f i , f u s f r n o m a o n i c g t & S f n e E n a i j j e f o E m
r s n u k l w p p k l p b m a e n a i f j k b u m u k l r r s u l m & a o ; b J
y e d A e f y k n f r [k w a v n a i f a o ; [k a r a i b i m p a l b u b n a m
& a l l n i f y o b k m } } a v a u f x m & n w G f j r w p f o b k m u
j j c s p b m t n e E m . & j e f o E n a w G m i d o k m t a y :

t ajccAR bmom , Obausrbi tefpm (tyll-3)

b rhalM rinfo n fav noi ft mx m ar Ctr i Ae&wmx 3q & npm
r cef wGji fx m w&nt mv kti ki q km a[nju o i fy
NDM kr eM mawrflyo n f

x ESt wefaq nif kv jyn faV Gv u f rawnSHI &Sf
o nglv amax & r wf y&daef jykawrflyo n f x kl m
r wkl D o mawrn r k m& EAnax &? rex Gawnfa* gvr D
& EAnax &D ao m&m& EAnax &D n f y&daef jykawrn
r tM NDjzpfyo n f

y&daef jykawrnM o n fax &Sf sn au sZi* R fu kl
j r w p b km su M mawrniv Ct &Sf neEro n fE aEr q n f
Ekl J v B Dwi i fi ku ; &Syo n f x kl cgj r w b km n o n f
t neErt m o ad* w&m a[n m mawrnlu mEsb day;awrn
r Bjeb n f j r w p b km t m k cg v Wawrn p Cu v n f
t neEmOr fen fylaq G mpw f m S , b jzi h]]cpao m
o w S hau G G&ci f? jzpf C fysi N" r W mo ab n r S ju kl
a[nju mEsb dlawrn r Bjez\ /

j r w p b km o n fy G N M ma&Tefx db n fpku yf B
ao mOu fyd mq Gu kb Day;awrn MAenu fji fx eao m
ao G fo Gao ma&ng B Dephawrn& o n f j r w p b km n f
p Ou fyd mq Gu kb Day;ao nr n f a&Sylvawrn M rnh
ao G G&mgr v Gao Gph& n f h cslf jzpv o n f

r u sfr mx si fu yi f j r w AK\ aenu fq kly&daef
pdl awrnit n hu k enlyh b kl&D awrnlyo n f & mo DEG

tajccAR bmom , Obausrbi cefpm (tyll i-3)

u q kfpf Ovkji fv So naM mihcEna kl fawrfyi fiefawrf
rlyo jzi hc&Dm3- * gkwf r klf mzi h6-r klf Q ma0;ao m
yogyn EShu k emk v r fc&Dv G 25-B dlv klv klf emae
v av sinfawrf blyo n f (1 * gkwf = 2 r klf)

u k emk O i fv rft au &S v ri fw t i M i f
Q sob m aeapnft cslv G jr w p b & m & S b n fyi fief B D
p g zi fa&na &S w r n r lyo n f x k em r fjt neEm- t i M i fyi f
y k m m ajr na b u fu k O acj fx m y D cki fan n i apnft
ci fay;yu GP i g & m yi fiefawrf v S D v av sinfawrf O D
r, j k r e f w r n l / x k cslv G t i M i fyi fv n ft cg b
y O m u k f / jr w p b & m u k f awrf ay: o m i M i f yef
O w f w n fo i fx B j z e v s i fa u seawr n f au mfu i f
t x u f Sew f yef m w n v n f u k f awrf ay: o m u s a n a f
v m e y o n f e w f v m a z n o n f w & d m d o H m n f M m
ae&av M D t & S f neEna m E G v seao mb & m & S f cEm
awrf k j c q k c j f q k l u m i k J c s l i f u j z i f o r f e n f y a q G
i k a ; ae&S y o n f

x k O i f yef q i f a w r n l u m y e d a f p d l B e f v a v s i n f
awrf aeo n ft cslv i j r w p b & m & S f aema q kb n o u
jzpb n fo k ' t m a [n m m a c s R f a y ; a w r n B y a o ; o n f

u q k f v j y n h \ r k a o n a f y k f u m v u k a & n a & S
v m y o n f j r w p b & m & S f E l v a w r n S e n a q m O g p u m
(y p e O g n) u k r e m m a w r n l y o n f j j [E ' g e d b d @

tajccAR bmom , 0ausrbicefpm (tyllf-3)

t mEÅmæ0g0, "r@
o c&mt y'Uma' e
o r'ba' x y' p aenu f
q kpu m' t " g'j f 0i



Ijzpfay: o r 0 b n0w&mw' n fysi p'0a n fcsi fo mwn f/
N'N'ab mo w'zi fo 0 o r m'dyn mw&mw'ky'0at nif
B k'pnt mx k'p'm u k'f'v n'y'

t i Mli fawn'0 Dw'p'ck klw'v'q' d'f N'0b u b 0yg
aw'r0 n f u q k'f'v jyn f' v ri f'0 0 n f 0d m0gu 0'ESH
, Su mt aenu fau n'ifu i f' aenu femo k'a&na fae'ND
jz'p'ao ma'0 n'hr'ka ma' f' y' f a&na f' v' k'v' MD'p' t i Mli f
Q s0'v'0'j'rw'p'0'0' k'm&0' Elw'fawn'0'x' y'f' H' r'n' b'n' f'
pu m'aw'r'n'Q' M'm&aw'r'ny'/

y'baq' Gi' 0'ku' ;jci fu' 0'it' MD'v'0'f' y, b' w'f'0'ND'z'p'0' n' f'
t' em'g' ESH&[EÅ&[efo 0' m'aw'r'n'ESH'v' ew'f'0' 0'y'k'0' f'
w'0' n' fw&mb' m'emy'0' s'u' mt' j'rw'0' k'ya'z'n'ci' f'zi' f'ya'z'n'
aem'ly'0' n' f' y'k' 0'ESH'ao' m'w'ny'eft' o' 0' 0'ao' m&[efo 0'm'
ESH'v' ew'f'0' 0'v'0' r'l' y'baq' Gi' 0'ku' ;y'g'aw'r'n' n' f' r'[n'yx' 0'D'
aj'r' 0' n' f'ji' f'w'k'f'v' y'j'r' n' f' 0'aw' y'g'aw'r'n' n' f' x' u' fau' n'ifu' i' f'
, 0'iv' n' f't' v' 0'0'ly' u' feb' Hu' f' 0'am'm' f' u' 0'G'f'v' 0'pp'f' 0'0' 0'
w'0' n' f' x' p'0'0'0'fu' m'w'p'f'v' ma' v' k'l, u' 0'0'0' & t' ar' 0'0' 0' 0'
u' s' 0'0' u' 0' 0'0'p'h'0' M&av' aw'r'n' w'n' f'/

tajccAR bmom , Obausrbicefpm (tyllf-3)

o b nŃywDefu \$ESH r d fyo em

t r d f k d n f s

v lw n o klv d peypao m
t &now kypa fr sm t mv ku d
t r d f ko wf s Edfyo n f



t r d f u d n jci f

1/ zefyk i fu dsn

2/ o Pb w k l csn

3/ yv ypwpt r d f \$pkl

4/ pu lpeypypa fr \$pkl

5/ pma i f pmu sf sn

6/ t jcnt r d f sESH

7/ peypf o pypa fESH Electronic ypa fr sn jzpfyo n f



ai fw n fo b nŃr wb n ft r d f sn
jzpb jzi fw pkl p ayg fwn ft r d f ykl pck
wn fw Cr x n b b jcmpl d w f s r jzi fx n h
o Co i fyo n f t r d f u d n fae&no wf sf
MDo jcm pepfvu speyp&ygn f

v lw n eyp n fx d d r d f snu r c
ajr B lay: w Cfu nr &S ml m r ys i f pD

&Sejci faM nhajr q D r nys i pD mo b nŃywDefu \$ fu d
x d d apyo n f x k s q i f&no Dvkazna jyejci f?&ndp ,
x ajynr nci fw n d jzpa pEdfyo n f

tajccAR bmom , Obausrbi tefpm (tyll i-3)

x Mmrfv w kaeV p eyp n ft r d f s n a q G j r h s f
p D e f M j n i f n f u m u k n f o d s s b m x m o i f g n f

pu li si Eto lwfOg	2-4 ywf	pD & u f pEH	10-12 Eps
i S fayso DB	3-4 ywf	o ma&zdyf	25-40 Eps
pu li d/f	1 v	yv yfwpfGf	50 Eps
o wi fpm	1 v cG	yv yfwpfypa fr sn	50-80 Eps
yefo D lwkf	2 v	yv yfwpfyk i f	500 Eps
u wk pu li* yfu li	2 v	i g @wB k	600 Eps
v ar r DB	6 v	yv yfwpf d/f	200-1000 Eps

ur G j r B lay: w G r d d t j y k r w M m r f t r d f y k
B D D j z p f v n a p d e f (RRRD) e n f v r f u k l u s b k l v k l e m
& y g n f (1) Reducing (2) Reusing (3) Recycling (4) Donating

(1) Reducing t r d k G B D e n f a t m j y k j f c i f

- p m a o n a i f q k f a e t d f s n w G t p n t a o n a i f s n u k l o i b a v n a i f u k e k b a v n a i f o m r s y p m o i f g n f
- x r i f ? [i f r s n u k l p m e k f o a v n a i b m c s i j y D t a v t v G h r j z p a p o i f g j
- r a l f a q G r E s p m a o n a i f q k f s n w G p n v Q v n f u k e k f o a v n a i f r s o i b n f o k l w f a v G h r s o i b n f



tajccAR bmom , Obausrbi tefpm (tyll i-3)

- t dlvG Tissue t pmv u b wfyBq kl mo kl i fyo n f
- wptog klyefu ef?cGā, ma?ZGcu Bi f?wt su kl v J o mō mt o klyNDau yefu ef?o FP ZG?cu Bi fr su kl u sfr ma&Eshn D Wāt mhf aq ;Almo efi NDt o kl jyk Qykl o i fyo n f
- a&o eYk i fu kt B dIB dD, f n fh pm a&wGf S&? b kl klcg fr S&u kla&ppzi ppyNDyk i fx x n fh t o kl jyk i fyo n f

(2) Reusing wpaū shjef/ n b hti f? r d f jzpfepf r n fh pm jyef/ n f o hlyci f

- yv ypwpt d?pu Rfu Rf d?ykb lwb klwptog kyD aema fr pcyb Jx yf Hb kl i fyo n f
- wptzu fv Wpu li su kl M r fa&pu li jzpf jyef o kl i fyo n f
- o wi forpu li su kl k w&wGjyef/ n f o kl i fyo n f
- YdsrwG pn&G?pu li su kl klbt R/mt o klyk n fh pepu klwDGB hl pQpm aq m&G b i b n f
- apō, BnwG wptog klyv wpwpt d?f srt pm jci f awmf?t Owf d?f su kl mo kyNDu Rfu Rf d?u kl t B dIB d f o kl i fyo n f

tajccAR bmom , Obausrbi tefpm (tyll i-3)

- wADu Eyswm? ar nED m? yefu m sn? a&cao wān sn
ysi fyo t v Gfvu lrv iThyb Jww Ekb av ma fyyki f
o k i fyo n f

(3) Recycling u kM rft jzpf jyef/ n b kpsi f

- c?o Hpo n fu kt &n fu kti f/
- pu la[nifr snr St o pk kvfci f? yv yfwpf r d f S
ykdEr? t w/ f sn x kvf kyfci f/
- jzwf? n s?r snu klq u fu nacg ft kps? u eV efu m
v kyfci f/
- yk i fcb bl?o Dnb lcbn? cdk
&n b lcbn? n fwr kt v Gfvu l
v iThyb J jcmv kf efo kypö f
t jzpf jyef/ n f o kpsi f/



**(4) Donating r d d o k jk wrb n hypö fu day;u r f
v Sefjci f/**

- r d d o pD, f v Qf, ci f o k jk b n ft Owä[nifr sn?
au snfo k n h kf sn? u Eyswmsn? w, f v Zef[efq u f?
a& D w AD n fu d v Gfvu lrv pEypb JEGyo t snu kl
ay;o i fyo n f t a[nifjyki fu mv d yb n f e&msn
o w n f ay; yw Sef Ekyo n f jyeb k jk Ebo n hypö f
t a[nifr snu kl jyef t o k jk i fyo n f

tajccAR bmom , Obausrbi tefpm (tyll i-3)

u Gf, nESHu i fq m



u Gf&Gb n faq ;zu Di b n f k
q klo n f n f , ck cg(1) u Gf&Gfu k
jzefao myk b wfaq ;aM nihu i fq njzpa pyo n f (2) x kl
aM nihu n f au sa i fu yESHq D d fiv G au sa i fvn EBN D
ygap n i fu ma jzpa Efyo n f (3) u Gf o D k b wu fat nif



t o klyko mr b wfaq ;r sr b n f
u i fq njzpa pyo n f (4) aq ;GB DS
eD b i f' mwb n f n f u i fq na&mg; k
jzpa pyo n f

x aM nihu Gf, nprjci faM nihu
t n w G u i fq n ygap n i fu n v @
u i fq n i o Gz k i fu n i t pra& s i fu n i
av ye fu i fu nESHv n f acs i fu i fu m sn
jzpa ef av ;x y fu G t c G n a& & Seyo jzi h v 10 a& s i M G
o i fy o n f



u Gf nprjci faM nihu r ef nESH b i n f ygoyESHq u fyao m



u i fu na&mg t jzpa pyo n f q u f u n D u G w w G k n fr & s
u r fr & Sae&mwu mwb G ax G i faM nihu
r v k n t yb n f yw Defu s f n p f yw f
aya& l jzpa e& o jzi h q i jci b i fy o n f

t ajccAR bmom , Olausrbitefpm (tyllf-3)

we* ÆGr @u shfawni q &mq &mrst wGf
o i f d mvd nZ, m

pO	o i fvefpm acgfpO	o i lM&n f t csif v u f sn	&n &G&sf	o i lM csif	r &E&sf
1/	&wenjrwfolyg	&weni t"yü, ç bkmç w&nc oCmonf &wem rnyü t z lvefyt	&weni t"yü lülb&m w&mp oCmonf t z l r j z w E l l a o m &wenjzplümi f (avmurü &æonü &wenrsm t m v l k u f E l l f, ü r r & E l l a o m & w e m j z p l ü m i f o d d p & e)	1 csif	Mbumouefawnü c&Esh w&ulfi oi E l l o n f
2/	yüuw&wni	Oé, ç olvü& t b l r m yüuw&wni t"yü, f Esh us f a z n j y c s u f	AR bmon Oifsn ajmq l o l p l v t &ðomyü uw&wni t"yü lü j m j n j p l l o d d p & e l y ü u v f o l y l l k q l v l i f u l l o d p & e s h yü uw f a w n i v l y g d o m u s t t a & t w & u l l o d d e l	2 csif	
3/	jrefmifrsn vukuf AR oem awnit ajctae	t y p l a o n r i f w l t m ay r b y r l w n i AR o m o e m w l w u f q l v f, l v f r j z p & y l l, æ f r i t b m o n f o m o e m t w u f A R b m o m O i f r s n w n l e b o d a p m i l l a & ð u l v w & e s h E s h o m x l a & m u b n f t x d o i l l u m a y & e f	t a e n k x n r i i ? u s e p p b m r i i ? e & o l r i f ? u s p r i i f ? O Z æ r i i ? o l e b o n ? e E r t o k i i ? r i f w e f r i f w l t y p l p O l u m A R o m o e m t a j c t a e w l w u f i q l v f, l v f r l v l l l l a o a o c s r c s n o d d e m v n ä p & e f	1 csif	
4/	okmoilbnh ou&nzft alümi f rsn	r [m o u & n z ? j r e f m o u & n z ? o m o e m a w n i E s p c & p E s f s n j z p l v n k y l l	r [m o u & n z ? o m o e m a w n i E s p j r e f m o u & n z ? c & p E s f v l l k t " y ü, f r s m u l c & p m j c m o e m v n ä p & e l o m o e m a w n i E s p j r e f m o u & n z f r s n u l l w e l z l l	2 csif	t c r f t e m r s n w & f c & p E s f l u l b m o l l M u l y d j r e f m o u ü & n z l u l l v l d r o l l b l j z p æ o j z i t

t ajccAR bmom , Oáusrbicefpm (tyll f-3)

pO	o i fvefpm acgijpO	o i Mm&r n f t csif v u f sn	&n &Gfcsif	o i Mm csif	r &Gfcsif
			rsmlythrsnenfuito&vluem acmi&vww&p&ef		
9/	rbauszljrih&D	rbauszl? ja [fESH wbnhp&v&cm? vuOD q&njzplyESH tv&ch xlu&omrb	rbauszl&urmyklo&ap&ef ribw&bnfja [fESHv&lo&D ribrsn\ ausZluil o&D jy&ky&au&ww&ef	1 csif	rmvmydvkOy me r*fvnESH w&kuil oi&um&ef
10/	pdy&crionjynp alumi fav;yg	ordg(4)yg	pdy&Op&ynp&umif (4)ygult o&vluemusi&vww&ap&ef	1 csif	temukmp ur&h r*fvnESHw&kuil oibijgonf
11/	y&dv&v&am&wnf sn	y&dv&v&wnf snESHtcsif tcgt n&f y&dv&v&wnf wpjycif t"gh, ESh &Gv&qly&Znbnh talumi f t&mr sn o&B apjicif	y&dv&v&wnf(11)r& \ to&D &Gv&zw&onh tcsif t c&f Sh tn&f ul aocsmo&D &Gv zwj&Zn&ef	2 csif	
12/	AR bmom, Oáusr y&v&wnf sn	AR bmom, Oáusrly& av&wnf snuloabm&yg.uf emv&n&t nifoi&um jicif?	AR bmomqll&m , Oáusr y&v&wnf sn talumi f o&B ap&ef , Oáusrly&v&wnf sn usi fycif jzi h, Oáusr lu&av;pm we&B xm&ww&ap&ef	2 csif	
13/	&i&fo&f, f sn tw&uf y&Dy&Gqif zw&en&f	y&D t o&k&uf sn y&G&bnh y&Dp&um&v&wnf sn	jr wAR p&mayr sn oi&um&v&wnf y&D&sn y&G&bjzi h t o&k&uf r&f&f ue&uf &Gv&zw&v&ww&ap&ef	1 csif	y&Dy&Gpnhoc&f pmv&f w&Gfoify E&lljgonf
14/	t ajcc h t b d r f	p&v&t u&Df (89)? t us, f (121)? apw&ou&f (52) yg ESh t "gh, f	p&v&? apw&ou&f t "gh, f emv&n&p&ef p&v&t u&Df (89)? t us, f(121)ygult r t p m t v&uf ta&t w&u&ul o&B emv&n&p&ef apw&ou&f	4 csif	

t ajccAR bmom , Obasrbitefpm (tyllf-3)

pG	o i fvefpm acgjfjG	o i Mm&n f t csf v u f s n	&n &G&sf	o i Mm csf	r &f&sf
			(52)yg\ trnESHt"yñ, f tuDfultodmvrñp&ef		
15/	jrwptb&km&S\N uloem/ñ jynb aemucqk&D	jrwptb&km\ aemuf qk&D? y&eAtefyk aemucqñ MbOg qñ pumultod&pcif	jrwptb&km\ r[m1/2Pm awnESH owDgrsnay:xm&S onharwai'gvESHñunh&G f pñv&kmavnfrsm jrwptb&km\ aemucqñ MbOg ullo&fsvfom vñLemñuap&ef jrwptb&km y&eAtef pñ iñavnfrjzih avnubudwpt&vñ tarñif usofñouobñ çñmñu&yñSf bñm&Sfñm t jrwqñ yñZñ wwñuap&ef	2 csf	
16/	obn0ywDefusif ESHtrñuJyóem	péyppñfñtmvñ trñuf jzphñumif? trñufsmul çñm péyppñwv&ef	obn0ywDefusibñfvb0 usefrma&?wñvub&?pñv'gñf zññ&wñuñlo&ap&ef péyppñ ypñfñrsmulñpepñvñs péyppñ ww&ef	1 csf	

t ajccAR bmom , Obausrbi cefpm (tyll-3)

&n f i efu lu mo n fu s fn ef

- 1/ t * f y g a w n j e f n j e f (k i ? w d ? p w k i o o w a)
- 2/ o H w a d m j y g a w n j e f n j e f (y x r w e w w d w)
- 3/ O g e t | u x m
- 4/ " r p t | u x m (y x r w e w d w)
- 5/ O e n f i m o e s h e n f r [m o g y a w n j e f n j e f
- 6/ v , f w d e , o e f u s f
- 7/ a & t q & a w n j e f o p m r u f a a & t b e u s d w f
- 8/ o n o e m a & o e b d x e A k b n o m v & a w n j e f A k b n o m v u p e s f
- 9/ r i f u e w a u " & r p @ m g d q & a w n j e f m b d r [n a k i f
- 10/ j e f n e f v i k k e m A k b n o m o u s v d e y e g a t z e (A k i o i f v e f q & m u p e s f
- 11/ a & a w n j e f o n o e n g b m , o u s r l t a c y k i e f e p m
- 12/ r e a v a w e e a w n j e f & a w n j e f A k b n o m o u s l o i f e f p n h k f s n
- 13/ [w " & q & a w n j e f [w " & o i f v e f v u p e n h k f s n
- 14/ t & e a c r m e (e f u i f a w n j e f) , o u s v d e o i f v e f o p n h k f s n
- 15/ , o u s v d e e s h r a k l w r s n o t m e k p (a z , s w d
- 16/ o n o e n v u o k d i e c h i f e f o i e n f r e f s f

t ajccAR bmom , Obausrbitefpm (tyllf-3)

p au nifr l u k d fMriñh

u r @y:wG

j r wAkö m enawñh

t " @S Mmwn fvñl

u r @ l u r @ m r sn

Odkvè ku kl

&&@hEdllygapao r(Oj

t &SâcrmeE(&eLuifawn&-oajyyi)

v l , f srt wGf&efu i fawn&q &rawrfa&o mcb n fprh kq sr t Sn

p0f	trni	tBurt
1/	Oyó emoi yefBudzwpm- tajccit qih (yxryll f)	t rtBurt
2/	Oyó emoi yefBudzwpm- tajccit qih (' lwd yll f)	q rtBurt
3/	Oyó emoi yefBudzwpm- tajccit qih (wwd yll f)	y0rtBurt
4/	Oyó emoi yefBudzwpm- tm;xlwolt qih (yxryll f)	pwwtBurt
5/	Oyó emoi yefBudzwpm- tm;xlwolt qih (' lwd yll f)	wwd tBurt
6/	Oyó emoi yefBudzwpm- tm;xlwolt qih (wwd yll f)	wwd tBurt
7/	Vipassana Primary Text Book (Elementary Level) Part - 1	yxrtBurt
8/	Oyó em vli , þum;0ll f (tyll f-1)	pwwtBurt
9/	Oyó em vli , þum;0ll f (tyll f-2)	wwd tBurt
10/	zllzlwluæonlvbmi ft wluOyó emw&m;E\$ hæp0b0	y0rtBurt
11/	q rtm/¼(Intuitive Power)u00b emjzih c0fuyavlmjci f	'lwd tBurt
12/	"råumi fawmf (tajccAR bmom, 0ausrbicelpm) tyll f-1	(20) tBurt
13/	"råumi fawmf (tajccAR bmom, 0ausrbicelpm t zll)	pwwtBurt
14/	"råumi fawmf (tajccAR bmom, 0ausrbicelpm) tyll f-2	'lwd tBurt
15/	uav;vubæqmbæwIGame talumi fultvubrbms;u aoaocsmcn o zllvhwicwæ&muylgyd	yxrtBurt
	q &rawrni t jcmprh kq sr t	
16/	Oa&mya, m*Ð u0ll æwOyó em (yxryll f)	q rtBurt
17/	Oa&mya, m*Ð u0ll æwOyó em (' lwd yll f)	q rtBurt
18/	Oa&mya, m*Ð u0ll æwOyó em (wwd yll f)	q rtBurt
19/	Oa&mya, m*Ð b0e0ll (tyll f-1)	wwd tBurt
20/	vWES lbuqll æom } & [e0e0nfrsm; } (tyll f-1)	y0rtBurt
21/	vWES lbuqll æom } & [e0e0nfrsm; } (tyll f-2)	wwd tBurt
22/	}}y0meE&d }}uES h}}ygPmwlygv}}u0v0t allumi f	y0rtBurt
23/	þc&þe0vmygonf	pwwtBurt
24/	}}t c&v0vmoembajr* &eS h 0obll gr'A' oitbjr* &e}} rif t p&xlhav0vuxm;ci f qll &m oitvz&g &mrsm;	pwwtBurt
25/	aumif uimu, feumUnenfyneS h t ½Pwubæf	e0rtBurt
26/	r[max&jrwlvk plærem, þ&m usi0lv (tyll f-1)	'lwd tBurt
27/	r[max&jrwlvk plærem, þ&m usi0lv (tyll f-2)	yxrtBurt
28/	b0qniqm v&psci lygonf	y0rtBurt
29/	vrfay:ü vrfaymutsi bl	yxrtBurt

ဗုဒ္ဓဘာသာယဉ်ကျေးမှု နည်းပြဆရာ၊ ဆရာမများအတွက်

မြန်မာနိုင်ငံတစ်ဝန်းတွင် ဖွင့်လှစ်ထားရှိသည့် ဗုဒ္ဓဘာသာယဉ်ကျေးလိမ္မာ သင်တန်းများတွင် ကျောင်းသူ၊ ကျောင်းသားငယ်များအတွက် သင်ထောက်ကူပစ္စည်းအဖြစ် ဆေးရောင်စုံခြယ်စာအုပ်များကို နေပြည်တော် ဗုဒ္ဓဘာသာယဉ်ကျေးမှု နည်းပြဆရာဖြစ်သင်တန်းဌာနမှ စီစဉ်ထုတ်ဝေထားပါသည်။

ဗုဒ္ဓဝင်(၁၂)ပုံ၊ ပါရမီဆယ်ပါး(၁၀)ပုံ၊ ဝဋ်တော်(၁၂)ပုံ၊ အောင်ခြင်းရှစ်ပါး(၈)ပုံ စုစုပေါင်း (၄၂)ပုံ ရှိပါသည်။ တစ်ပတ်လျှင် တစ်ပုံစီ CCA နည်းဖြင့် ရှင်းပြပေးရပါမည်။ ရှင်းပြပြီးနောက် ကလေးများကို သရုပ်ဖော်ပုံတွင် အဖြေများ ဖြည့်စွက်စေရပါမည်။ ပြီးလျှင် စာအုပ်များကို မွေကျောင်းတော်တွင် သိမ်းထားရပါမည်။

စာအုပ်၌ ဆေးရောင်ခြယ်ပြီးသောအခါတွင် ဆရာ၊ ဆရာမများအားလုံး အဖွဲ့ဖြင့် အဖြေမှန်ခြင်း၊ ဆေးခြယ်မှု သဘာဝကျခြင်း၊ တီထွင်ဆန်းသစ်မှုကောင်းခြင်းစသည်ဖြင့် အမှတ်ပေးစည်းမျဉ်းရေးဆွဲကာ အမှတ်ပေးရပါမည်။ ထူးချွန်သူများကို ပထမဆု၊ ဒုတိယဆု၊ တတိယဆု၊ နှစ်သိမ့်ဆုတို့ကို သင့်လျော်သော အခမ်းအနားဖြင့် ဆုချီးမြှင့်ဂုဏ်ပြုပေးရပါမည်။ ဆုကို ငွေသားမဟုတ်ဘဲ ကလေးများဘာသာရေးနှင့်ပတ်သက်၍ အကျိုးဖြစ်ထွန်းစေမည့် စာအုပ်များ (သို့မဟုတ်) ပစ္စည်းများသာ ဖြစ်သင့်ပါသည်။





(ဒုတိယအကြိမ်)

ဓမ္မကျောင်းတော်

ယဉ်ကျေးမှုသင်ခန်းစာအဖွင့်

တိုင်းပြည်၏ အနာဂတ်ကို ပိုင်ဆိုင်ထားကြသည့် လူငယ်မောင်မယ်များအား အိမ်၌ယဉ်ကျေးခြင်း၊ ကျောင်း၌ယဉ်ကျေးခြင်း၊ လမ်း၌ယဉ်ကျေးခြင်း၊ ကစား စဉ်ယဉ်ကျေးခြင်း၊ ခရီးသွားစဉ်ယဉ်ကျေးခြင်းနှင့် အထွေထွေယဉ်ကျေးခြင်းဆိုင်ရာ သင်ခန်းစာ ပါ အကြောင်းအရာ စုစုပေါင်း(၁၀၀)ကို စနစ်တကျ သင်တန်းတက်ထားသည့် ဆရာ ဆရာမများက နာရီ(၁၀၀)သင်ကြားပေးပါက သာမန် ဉာဏ်ရည်အဆင့်ရှိ လူငယ်များကပင် ဧကန်မချ သိသိသာသာ ယဉ်ကျေးလိမ္မာလာသည်ကို ယနေ့မြန်မာနိုင်ငံ အနှံ့အပြား၌ ဖွင့်လှစ်ထားသည့် ဓမ္မကျောင်းတော်များ၌ လက်တွေ့သုတေသနအနေဖြင့် တွေ့မြင်နေရပြီ ဖြစ်ပါသည်။



(တတိယအကြိမ်)

ဓမ္မကျောင်းတော်

(အပိုင်း-၂)

ကမ္ဘာပေါ်တွင် ထေရဝါဒဗုဒ္ဓ ဘာသာ (၅)နိုင်ငံ ရှိသည့်အနက် မြန်မာနိုင်ငံသည်သာ ထေရဝါဒ အုတ်မြစ် ခိုင်ခံ့သည့် နိုင်ငံဖြစ်ပါသည်။

ဗုဒ္ဓသာသနာတော်ကို ရှေးရှေးမြန်မာမင်းများ လက်ထက်ကပင် ကာလရှည်ကြာ အသန်ရှင်းဆုံး ထိန်းသိမ်းထားနိုင်သည့် နိုင်ငံတစ်နိုင်ငံ ဖြစ်ပါသည်။ မြန်မာ့မြေပေါ်၌ ဗုဒ္ဓလက်ထက်တော်နှင့်မခြား ရာစုနှစ်ပေါင်းများစွာ တည်တံ့လာခဲ့သည့် ထေရဝါဒသာသနာတော်ကြီး ယုတ်လျော့ကျဆင်း မသွားရန်မှာ သံဃာတော်များနှင့် ဗုဒ္ဓဘာသာဝင် တို့၏ သမိုင်းပေးတာဝန်ကြီးပင် ဖြစ်ပေတော့သည်။

ဤတာဝန်ကို ပခုံးပြောင်းကာ ထမ်းဆောင်ကြမည့် တိုင်းပြည်၏အနာဂတ်ကို ပိုင်ဆိုင် ထားကြသည့် လူငယ်မောင်မယ်များ ယဉ်ကျေးလိမ္မာပြီး စာရိတ္တမဏ္ဍိုင်မြင့်မားကာ အမျိုးဘာသာ သာသနာကို ချစ်မြတ်နိုးတတ်သည့် လူတော်လူကောင်းများ ဖြစ်ထွန်းလာစေရန် ဤစာအုပ်က ရည်ရွယ်ပါသည်။

“ လူကြီးသူမ ဂါရဝ ”

လူကြီးသူမ ရှေ့မှောက်မှာ
ဖြတ်သန်းပြေးလွှား မပြုရ။
ခေါင်းငုံ့ကိုယ်ကျုံ့ လှမ်းလျှောက်ပါ။
လုံချည်ပြင်၍ မဝတ်ရ။
ပေးစရာယူစရာ ကြုံခဲ့သော်၊
လက်နှစ်ဖက်ဖြင့် ပေးယူနော်။
ပစ်မပေးရ ဆင်ခြင်နော်၊
မနိုးမဝေးက မေးထူးခေါ်။



ဆော်ဗျားဟန်(ဝါးသိုင်းချောဝါး)

“ မြတ်ဆရာ ”



နာသုံးနာနဲ့ မြတ်ဆရာ၊
ဥယျာဉ်မှူး ကောင်းပါ။
ပန်းမာလာတွေ ပွင့်စေရေး၊
ပြုစုယုယ ပေး။
အရေးထားလို့ ဆောင်ရွက်ဖွယ်၊
ရေလောင်း ပေါင်းသင်တယ်။
ပိုးမွှားအန္တရာယ် ကာကွယ်ဘိ၊
ထိန်းသိမ်း စောင့်ရှောက်၏။
တပည့်နှောင်ရေး လှစေချင်၊
ဆရာ စိတ်ဓာတ်ပင်။
ဂုဏ်အင်ကျေးဇူး များသည်ပဲ၊
ဦးခိုက် ကန်တော့မြို့။

မင်းနီခိုင်(မောင်ထော)

ဤစာအုပ်ကို မည်သူမဆို ဓမ္မဒါနအဖြစ် ကူးယူလှူဒါန်းနိုင်ပါသည်။



အိုး မဖုတ်ခင်၊ အိုးလုပ်စဉ်ဝယ်
အိုးတွင် နိပ်ခတ်၊ တံဆိပ်မှတ်ကား
မပြတ်မစဲ၊ အိုးပင်ကွဲလည်း
အမြဲတစေ၊ တည်ရှိနေသို၊
ထွေထွေသွေးသား၊ ကလေးများ၌
ဘုရားတံဆိပ်၊ ဘာသာစိတ်ကို
ခတ်နှိပ်နိုင်မှ၊ သက်ဆုံးကျအောင်
ဗုဒ္ဓဝါဒီ၊ စွဲ၍တည်မည်
ကိုယ်စီ ခတ်နှိပ်စေသတည်း။

အမရပူရမြို့၊ မဟာဂန္ဓာရုံဆရာတော်ဘုရားကြီး

ဓမ္မဒါနအလှူရှင်

ဗုဒ္ဓဘာသာလူငယ်ယဉ်ကျေးမှုပညာရေးဌာနများ ဗုဒ္ဓလှုပ်လှိုင်းပါက-

ဓမ္မဇောင်ခြည် ဓမ္မဒါနလုပ်ငန်း

အမှတ် (၉၀)၊ အဆောင် (၄)၊ ပထမထပ်၊ သိမ်ကြီးဈေး (စီ)ရုံ၊ ရွှေတိဂုံဘုရားလမ်း၊ ရန်ကုန်မြို့။

Ph: 382935, 371800 (Ext: 364), 09-5079674